### Evaluate the following statements.

Answered: 44  Skipped: 0

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Disagree</th>
<th>Disagree</th>
<th>Neutral</th>
<th>Agree</th>
<th>Strongly Agree</th>
<th>Total</th>
<th>Average Rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>Today's workshop was relevant to my work</td>
<td>0.00%</td>
<td>0.00%</td>
<td>0.00%</td>
<td>27.27%</td>
<td>72.73%</td>
<td>44</td>
<td>4.73</td>
</tr>
<tr>
<td>The information presented was clear and easy to follow</td>
<td>0.00%</td>
<td>0.00%</td>
<td>0.00%</td>
<td>27.27%</td>
<td>72.73%</td>
<td>44</td>
<td>4.73</td>
</tr>
<tr>
<td>The individual and small group discussions resulted in some practical</td>
<td>0.00%</td>
<td>0.00%</td>
<td>4.55%</td>
<td>47.73%</td>
<td>47.73%</td>
<td>44</td>
<td>4.43</td>
</tr>
<tr>
<td>tips for avoiding burnout</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>I can apply some of these tips in my daily life</td>
<td>0.00%</td>
<td>0.00%</td>
<td>2.27%</td>
<td>47.73%</td>
<td>50.00%</td>
<td>44</td>
<td>4.48</td>
</tr>
<tr>
<td>Overall, this workshop was a good use of time</td>
<td>0.00%</td>
<td>0.00%</td>
<td>2.27%</td>
<td>22.73%</td>
<td>75.00%</td>
<td>44</td>
<td>4.73</td>
</tr>
</tbody>
</table>
Do you have any comments or suggestions about today's workshop?

Answered: 25  Skipped: 19

**PRO FEATURE**
Use text analysis to search and categorize responses; see frequently-used words and phrases. To use Text Analysis, upgrade to a GOLD or PLATINUM plan.

**Upgrade  Learn more »**

Showing 25 responses

When talking about mental health should discuss how seeing a psychiatric/meds affects licensure etc. MDs are afraid to get help and this leads to the high substance abuse and burnout rates

10/20/2014 11:10 AM  View respondent's answers

Excellent would work on practical skills, again at a higher level

10/20/2014 11:00 AM  View respondent's answers

Larger space please!

10/20/2014 11:07 AM  View respondent's answers

Need larger space for the seminar

10/20/2014 11:07 AM  View respondent's answers

Really moved and inspired me

10/20/2014 11:06 AM  View respondent's answers

great topic very helpful

10/20/2014 11:06 AM  View respondent's answers

I appreciated having time dedicated to thinking/talking about this. It is so easily ignored.

10/20/2014 11:04 AM  View respondent's answers

very enjoyable (and practical)

10/20/2014 11:02 AM  View respondent's answers

Might have less presentation of slides and more experiential learning

10/20/2014 11:01 AM  View respondent's answers

I think more small group activities would have been helpful To me, these were the most helpful parts of this morning's activities.

10/20/2014 11:00 AM  View respondent's answers

good mix of small group/large group discussion

10/20/2014 11:00 AM  View respondent's answers

Great change of space from the usual M+M/Grand Rounds and chance to be introspective

10/20/2014 10:58 AM  View respondent's answers

Interesting discussion, especially enjoyed group activities
More strategies for change
10/20/2014 10:55 AM  View respondente's answers

More conducive space arrangements
10/20/2014 10:55 AM  View respondente's answers

Thank you!
10/20/2014 10:55 AM  View respondente's answers

Norm talked too much about stereotypes related to gender
10/20/2014 10:54 AM  View respondente's answers

Excellent workshop!
10/20/2014 10:54 AM  View respondente's answers

Add ob-gyn specific stories to normalize that this happens to colleagues
10/20/2014 10:53 AM  View respondente's answers

More discussion time and less didactic time. Tell us basics on how to practice mindfulness. It would be more productive to have separate resident session.

Very important to have a sense of community in experience of work-life balance
10/20/2014 10:51 AM  View respondente's answers

Excellent. BTW don't use red on blue, 10% cannot see this
10/20/2014 10:50 AM  View respondente's answers

The interaction with small groups was helpful and engaging
10/20/2014 10:49 AM  View respondente's answers

No, it was great, thank you!
10/20/2014 10:48 AM  View respondente's answers

Excellent
10/20/2014 10:48 AM  View respondente's answers
What topics would you like to see addressed in future professional development workshops?

Answered: 7   Skipped: 37

Showing 7 responses

- Individual exercises to reduce stress
  10/20/2014 11:07 AM   View respondent's answers

- Nutrition/ways to work out
  10/20/2014 11:06 AM   View respondent's answers

- Revisit "motivational interviewing/pt. interaction"
  10/20/2014 10:58 AM   View respondent's answers

- Delivering bad news/dealing with bad outcomes
  10/20/2014 10:54 AM   View respondent's answers

- Delve into how we lose empathy over time
  10/20/2014 10:52 AM   View respondent's answers

- Balancing different work
  10/20/2014 10:51 AM   View respondent's answers

- Meditation etc.
  10/20/2014 10:50 AM   View respondent's answers