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Mission Statement

Our mission at the University of Wisconsin, Department of Obstetrics and Gynecology, is to improve the quality of life for women in the state of Wisconsin and beyond by providing compassionate high quality patient care and by advancing knowledge through research, education and advocacy. We do so in an environment of collaboration, humility, integrity and respect.

Department Vision

- We will transform our department to support excellence in patient-centered care, service and advocacy for women's reproductive health beyond existing structures and boundaries.
- We will provide a comprehensive educational experience motivating our medical students, graduate students, residents, and fellows to be lifelong learners in the field of women's health.
- We commit to full departmental collaboration, integration and support to achieve outstanding basic, clinical and translational research.
- We will recruit, develop and retain departmental members to promote individual and collective success in the Department of Obstetrics and Gynecology, University of Wisconsin School of Medicine and Public Health.

Residency Program Mission

"To train outstanding obstetricians-gynecologists capable of becoming leaders in our field."
Who is Who?

Education Program Org Chart

Chair

Vice Chair
Education & Faculty Development

Education Steering Committee

Gynecologic Oncology Director
Maternal Fetal Medicine Fellowship Director
Simulation Lab Director
Medical Student Education Director

Resident Program Director

Associate Program Director
Associate Program Director
Residency Continuity Clinic Director

Education Manager

Fellowship Program Manager
Sim Lab & Rural Program Manager
Administrative Assistant
Medical Student Program Manager
Residency Program Manager
Departmental Faculty and Committees

Chair
Laurel W. Rice, MD

Leadership
Laurel Rice, MD
Klaus Diem, MD
Ellen Hartenbach, MD
David Kushner, MD
Ian Bird, PhD
Greg Bills, MD
Dobie Giles, MD
Deborah Ehrenthal, MD, MPH
Jennifer Stevens, MPA, CPA
Kara Mulligan, MHA, MBA

Vice Chairs
Research – Ian Bird, PhD
Clinical Operations – Greg Bills, MD
Finance – Dobie Giles, MD
Education and Faculty Development – Ellen Hartenbach, MD
Clinical Research – David Kushner, MD

Executive Committee - Bold - Tenured

David Abbott, PhD
Greg Bills, MD
Ian Bird, PhD
Klaus Diem, MD
Theresa Duello, PhD
Deborah Ehrenthal, MD, MPH
Thaddeus Golos, PhD
Ellen Hartenbach, MD

Joel Henry, MD
Jenny Higgins, PhD
Ahmed Al-Niaimi, MD
David Kushner, MD
Mary Landry, MD
Doug Laube, MD
Jeffery Jones, PhD
Jay Lick, DO
Kim Miller, MD

Ryan McDonlad, MD
Manish Patankar, PhD
Jackie Peebles, MD
Laurel Rice, MD
Stephen Rose, MD
Gloria Sarto, MD, PhD
Dinesh Shah, MD
Katharina Stewart, MD
Jing Zheng, PhD

Division Directors

Academic Specialists
Makeba Williams MD
Advanced Pelvic Surgery
Dobie Giles, MD
Gynecologic Oncology
Steve Rose, MD
Maternal Fetal Medicine
Igor Iruretagoyena, MD
Reproductive Endocrinology and Infertility
Christina Broadwell, MD
Reproductive Sciences
Ian Bird, PhD
Reproductive & Population Health
Deborah Ehrenthal, MD, MPH
Clinical Operations Committee
Greg Bills, MD – Chair
Kim Miller, MD Co-Chair
Kara Hoppe, MD
Igor Iruretagoyena, MD
Kara Mulligan, MHA, MBA
Melanie Schmuhl, APNP
Mindy Rose, APNP
Katie Sampene
Kyrour, MD
Carol Hulland
Mindy Rose, APNP
Dobie Giles, MD
Cheryl Sindberg

Education Committee
Laura Jacques, MD – co-Chair
Jackie Peebles, MD – co-Chair
Maria Katsoulidis
Cara King, DO
Mary Landry, MD
Jody Silva, M.Ed
Ryan McDonald, MD
Beckie Schimelpfenig
Janet Short
Kathy Stewart, MD
Ruth Janto-Wolter
Brittany Lees, MD
Han Cun, MD
Ashley Durward, MD

Faculty Development Committee
Christine Heisler, Chair
Ellen Hartenbach MD
Cynthie Wautlet, MD
Katie Antony, MD
Deborah Ehrenthal, MD
Jake Lauer, MD
Gloria Sarto, MD
Makeba Williams, MD
Julianne Zweifel, PhD
Sumer Wallace, MD
Aimee Tobin
Brandon Dietz
Chanel Tyler, MD

Finance Committee
Dobie Giles, MD - Chair
Greg Bills, MD
Christina Broadwell, MD
Klaus Diem, MD
Ellen Hartenbach, MD – ex-officio
Igor Iruretagoyena, MD
David Kushner, MD
Jay Lick, DO
Kim Miller, MD
Kara Mulligan, MHA, MBA
Steve Rose, MD
Dinesh Shah, MD
Jennifer Stevens, MPA, CPA

Ob-Gyn Quality Internal Review Committee (QIRC)
Ahmed Al-Niaimi, MD - Chair
Igor Iruretagoyena, MD
Ryan McDonald, MD
Kara Mulligan, MHA, MBA
Megan Peterson, APNP
Stephen Rose, MD, Chair
Christine Heisler
Anna Yearous Algozin, CNM
Jake Lauer, MD
Cassandra Niemi, MD
Jennifer Stevens, MPA, CPA
Aimee Tobin

Research Advisory Committee
Ian Bird, PhD, Co-Chair
David Kushner, MD, Co-Chair
Lisa Barroilhet, MD
Heidi Brown, MD
Deborah Ehrenthal, MD
Lisa Grady
Jenny Heintz
Kara Hoppe, MD
Manish Patankar, PhD
Aleks Stanic-Kostic, MD, PhD
Cynthie Wautlet, MD
Residency Program Director—Laurel Rice, MD
Associate Residency Program Director--Ryan McDonald, MD
Associate Residency Program Director – Ryan Spencer, MD
Arboretum Resident Clinic Director – Cynthia Wautlet, MD, MPH
Medical Student Clerkship Director – Laura Jacques, MD

Plan B Committee
Laurel Rice, MD Chair                      Jacob Lauer, MD, MPH
David Abbott, PhD                      Steve Rose, MD
Ian Bird, PhD                                          Kathy Stewart, MD
Dobie Giles, MD                                          Jennifer Stevens, MPA, CPA

Resident Research Co-Directors
Ryan Spencer MD                                          Katie Antony MD

Residency Program Evaluation Committee (PEC)
Laurel Rice, MD, Chair                  Ryan McDonald, MD
Maria Katsoulidis              Ryan Spencer, MD
Jody Silva, M.Ed

Clinical Competency Committee (CCC)
Ryan Spencer, MD, chair                  Jill Masana, MD
Kristine Bathke, MD                       Ryan McDonald, MD
Christine Heisler, MD                     Fred Meilus, MD
Igor Iruretagoyena, MD                   Jacqueline Peebles, MD
Cara King, DO                                          Laurel Rice, MD

The functions of the CCC are:

- Assist the program director in monitoring the competence and professionalism of residents for the purpose of promotion and certification. Make recommendations to the program director with regard to: Advancement & Promotion, Discipline, Dismissal, Remediation, Certification
- Synthesize multiple different types of assessments into an evaluative statement about each resident’s competence.
- Provide assessment of resident performance as required by the ACGME and ABOG.
- Identify residents who are not progressing with their peers in one or more areas. The CCC is charged with establishing thresholds within the program. The CCC will use data garnered from assessment tools and faculty observations to assess resident progress in achieving the ACGME Educational Milestones for Obstetrics and Gynecology.
- Provide a group perspective on the residents' progress in the residency program and will assist in early identification of areas of needed improvement. The CCC will make recommendations for struggling residents.
- Regularly discuss and consider issues that can affect resident performance, including, but not limited to: Inadequate rest, Stress, Anxiety, Depression, Substance abuse
- Fairly, consistently, and indiscriminately apply the Ob/Gyn Department and the UW GME office policies regarding disciplinary action, appeals, and grievances. Committee members may be asked by the Department Chair to participate in the appeals process.
• Make recommendations to the program on issues related to core competencies in resident education, including, but not limited to: Rotation curricula, Evaluation and assessment tools, Development of Milestones.

The functions of the PEC are:
• Discuss and consider issues that impact the teaching and learning environment, resident satisfaction, faculty satisfaction, and overall effectiveness of the training program
• Annually review the program using evaluations of faculty, residents, graduates and health professionals affiliated with the residency program and teaching services
• Assure that all ACGME standards are being met
• Develop and revise competency-based curriculum goals and objectives
• Review and develop additional competency based goals and objectives as appropriate
• Make recommendations to the program on issues related to core competencies in resident education, including, but not limited to rotation curricula.
• To review the program in terms of resident performance, graduate performance, faculty development, program quality
• Develop a plan for addressing deficiencies found during the annual review
The Accreditation Council for Graduate Medical Education (ACGME)

The Accreditation Council for Graduate Medical Education is a private, nonprofit council that evaluates and accredits residency programs in the United States. The mission of the ACGME is to improve health care by assessing and advancing the quality of resident physicians’ education through exemplary accreditation.

Core Competencies, Education & Duties

Educational Goals

The University of Wisconsin Obstetrics and Gynecology Training Program endeavors to train compassionate professionals who have a comprehensive medical knowledge base of the specialty, can translate that knowledge into effective patient care, and communicate effectively with patients, their families and the healthcare team. We hope to train “lifelong learners” who will continually strive to improve their own practice, and who effectively use system resources for the benefit of their patients.

The ACGME has termed these goals the “Competencies” of Patient Care, Medical Knowledge, Practice-Based Learning and Improvement, Interpersonal and Communication Skills, Professionalism and Systems-Based Practice. We will make an effort to not only teach, but also to evaluate these competencies.

Core Competencies

MEDICAL KNOWLEDGE (MK)
This is evidenced by a command of established and evolving knowledge in the biomedical, clinical and social sciences in the field of Ob-Gyn, and the application of that knowledge to the care and education of others.

This includes:

- an open-minded and analytical approach to acquiring new knowledge,
- the ability to access and critically evaluate current basic and clinical information and medical evidence, using the principles of evidence-based medicine,
- a lifelong commitment to daily learning in adherence to the principles of ABOG.

PATIENT CARE (PC)
The goal is to consistently deliver compassionate, appropriate and effective patient care. This includes the ability to:

- gather accurate, essential information from all sources,
- make informed recommendations about diagnostic and therapeutic options that are based on scientific evidence, clinical judgment and patient preference,
- develop, negotiate and implement effective plans for patient care,
- perform competently the diagnostic and surgical procedures common to the specialty.
PRACTICE-BASED LEARNING AND IMPROVEMENT (PBLI)
Also known as “reflective practice”, this involves the ability to investigate, evaluate and improve patient care practices. Necessary tools include a sufficient understanding of information technology and other methodologies to access and manage information, and to support patient care decisions and their implementation.

Included in “reflective practice”:
- a willingness to acknowledge and learn from one’s own mistakes,
- a commitment to analyze and evaluate processes that may result in medical errors,
- consistent efforts to continually improve patient care.

INTERPERSONAL AND COMMUNICATION SKILLS (ICS)
These skills enable physicians to establish and maintain therapeutically effective relationships with patients, their families and other members of the health care team.

Good communication skills include:
- effective listening, nonverbal, questioning and narrative skills,
- interaction with colleagues and consultants in a respectful and appropriate manner,
- maintenance of thorough, comprehensive patient “sign-out” practices,
- timely maintenance of complete and legible medical records.

PROFESSIONALISM (P)
This term defines characteristics that reflect a commitment to ethical practice, an understanding and sensitivity to diversity, a commitment to self improvement and the education of others, and a responsible attitude towards patients, the profession of Ob-Gyn and society.

Included is the ability to:
- behave with respect, compassion and altruism in all relationships,
- show commitment to the teaching of medical students, junior residents and support staff,
- demonstrate sensitivity and responsiveness to culture, religion, beliefs, sexual preferences, socioeconomic status, disability and behavior of co-workers and patients,
- be able to justify positions on medical ethics based on the underlying principles of non-malfeasance, beneficence and autonomy,
- adhere to principles of confidentiality, integrity and informed consent,
- identify and tactfully confront and remediate deficiencies in the performance of peers.

SYSTEMS-BASED PRACTICE (SBP)
This encompasses an understanding of, and a commitment to improve, the contexts and systems in which healthcare delivery takes place.

Included is the ability to:
- understand, access and utilize the resources, providers and systems necessary for optimal patient care,
- appreciate the limitations and opportunities inherent in various practice types and delivery systems,
- develop strategies to optimize care for the individual patient within the various systems,
- apply evidence-based cost-conscious strategies to patient care for prevention, diagnosis and treatment,
- work with other members of the healthcare team to assist patients and families to navigate the complex health care system effectively.
Milestones

As the ACGME began to move toward continuous accreditation, specialty groups developed outcomes-based milestones as a framework for determining resident and fellow performance within the six ACGME Core Competencies.

What are Milestones? Simply defined, a milestone is a significant point in development. For accreditation purposes, the Milestones are competency-based developmental outcomes (e.g., knowledge, skills, attitudes, and performance) that can be demonstrated progressively by residents from the beginning of their education through graduation to the unsupervised practice of their specialties.

Why Milestones?
First and foremost, the Milestones are designed to help all residencies produce highly competent physicians to meet the health and health care needs of the public. To this end, the

Milestones serve important purposes in program accreditation

• Allow for continuous monitoring of programs and lengthening of site visit cycles
• Public Accountability – report at a national level on aggregate competency outcomes by specialty
• Community of practice for evaluation and research, with focus on continuous improvement of graduate medical education

For residency programs, the Milestones will:

• Provide a rich descriptive, developmental framework for clinical competency committees
• Guide curriculum development of the residency or fellowship
• Support better assessment practices
• Enhance opportunities for early identification of struggling residents and fellows

And for residents, the Milestones will:

• Provide more explicit and transparent expectations of performance
• Support better self-directed assessment and learning
• Facilitate better feedback for professional development

How will the Milestones be used by the ACGME?

Residents’ performance on the Milestones will become a source of specialty-specific data for the specialty Review Committees to use in assessing the quality of residency programs and for facilitating improvements to program curricula and resident performance if and when needed. The Milestones will also be used by the ACGME to demonstrate accountability of the effectiveness of graduate medical education within ACGME-accredited programs in meeting the needs of the public.
Summary of Milestone Topics in Obstetrics & Gynecology

OBSTETRICS MILESTONES

Antepartum Care and Complications of Pregnancy - (PC)
Care of Patients in the Intrapartum Period - (PC)
Care of Patients in the Postpartum Period - (PC)
Obstetrical Technical Skills- (PC)
Immediate Care of the Newborn - (PC)

GYNECOLOGY MILESTONES

Gynecology Technical Skills: Laparotomy - (PC)
Gynecology Technical Skills: Vaginal Surgery - (PC)
Gynecology Technical Skills: Endoscopy - (PC)
Peri-operative Care - (MK)
Abdominal/Pelvic Pain - (MK)
Abnormal Uterine Bleeding - (MK)
Pelvic Mass - (MK)
Pelvic Floor Disorders - (MK)
First Trimester Bleeding - (MK)

OFFICE PRACTICE MILESTONES

Family Planning- (PC)
Ambulatory Gynecology - (PC)
Care of the Patient with Non-Reproductive Medical Disorders - (PC)
Health Care Maintenance and Disease Prevention - (MK)
Abdominal/Pelvic Pain - (MK)
Abnormal Uterine Bleeding - (MK)
Pelvic Mass - (MK)
Pelvic Floor Disorders - (MK)
First Trimester Bleeding - (MK)

SYSTEMS-BASED PRACTICE MILESTONES

Patient Safety and Systems Approach to Medical Errors
Cost-effective Care and Patient Advocacy

PRACTICE-BASED LEARNING AND IMPROVEMENT MILESTONES

Self-directed Learning/Critical Appraisal of Medical Literature
Quality Improvement Process

PROFESSIONALISM MILESTONES

Compassion, Integrity, and Respect for Others
Accountability and Responsiveness to the Needs of Patients, Society, and the Profession
 Respect for Patient Privacy, Autonomy, Patient-Physician Relationship

INTERPERSONAL AND COMMUNICATION SKILL MILESTONES

Communication with Patients and Families
Communication with Physicians and Other Health Professionals and Teamwork
Informed Consent and Shared Decision Making

### Clinical rotations

**Rotation Schedule by PG year with Rotation Faculty Supervisor**

<table>
<thead>
<tr>
<th>PGY-1</th>
<th>Rotation</th>
<th>Site</th>
<th>Rotation Supervisor</th>
<th>Division Director/Proxy</th>
</tr>
</thead>
<tbody>
<tr>
<td>MH GYN</td>
<td>Benign Gynecology Surgery</td>
<td>Meriter Hospital</td>
<td>Dr. Peebles</td>
<td>Dr. Williams</td>
</tr>
<tr>
<td>MH NF</td>
<td>Low Risk OB Night Float</td>
<td>Meriter Hospital</td>
<td>Dr. Peebles</td>
<td>Dr. Williams</td>
</tr>
<tr>
<td>MH OB</td>
<td>Low Risk Obstetrics Days</td>
<td>Meriter Hospital</td>
<td>Dr. Peebles</td>
<td>Dr. Williams</td>
</tr>
<tr>
<td>SM OB US</td>
<td>Low Risk OB/Ultrasound</td>
<td>St. Mary's Hospital</td>
<td>Dr. Stafeil</td>
<td>Dr. Stafeil</td>
</tr>
<tr>
<td>UW ONC Clinics US</td>
<td>Gynecologic Oncology Clinics Ultrasound</td>
<td>UWHC</td>
<td>Dr. Rose</td>
<td>Dr. Rose</td>
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<tr>
<th>PGY-2</th>
<th>Rotation</th>
<th>Site</th>
<th>Rotation Supervisor</th>
<th>Division Director/Proxy</th>
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<tbody>
<tr>
<td>MH GYN</td>
<td>Benign Gynecologic Surgery</td>
<td>Meriter Hospital</td>
<td>Dr. Peebles</td>
<td>Dr. Williams</td>
</tr>
<tr>
<td>MH MFM</td>
<td>High Risk Obstetrics</td>
<td>Meriter Hospital</td>
<td>Dr. Iruretagoyena</td>
<td>Dr. Iruretagoyena</td>
</tr>
<tr>
<td>MH OB (Fall)</td>
<td>Low Risk Obstetrics Days</td>
<td>Meriter Hospital</td>
<td>Dr. Peebles</td>
<td>Dr. Williams</td>
</tr>
<tr>
<td>MH NF</td>
<td>High Risk OB Night Float</td>
<td>Meriter Hospital</td>
<td>Dr. Iruretagoyena</td>
<td>Dr. Iruretagoyena</td>
</tr>
<tr>
<td>SM NF</td>
<td>High Risk Obstetrics Night</td>
<td>St. Mary's Hospital</td>
<td>Dr. Stafeil</td>
<td>Dr. Stafeil</td>
</tr>
<tr>
<td>SM OB (Spring)</td>
<td>High Risk OB</td>
<td>St. Mary's Hospital</td>
<td>Dr. Stafeil</td>
<td>Dr. Stafeil</td>
</tr>
<tr>
<td>UW ONC REI Clinics</td>
<td>Gynecologic Oncology</td>
<td>UWHC</td>
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<tr>
<th>PGY3</th>
<th>Rotation</th>
<th>Site</th>
<th>Rotation Supervisor</th>
<th>Division Director/Proxy</th>
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<tbody>
<tr>
<td>MH NF</td>
<td>Obstetrics &amp; Gynecology Night</td>
<td>Meriter Hospital</td>
<td>Dr. Peebles</td>
<td>Dr. Williams</td>
</tr>
<tr>
<td>UROGYN</td>
<td>Urogynecology</td>
<td>Meriter Hospital</td>
<td>Dr. Heisler</td>
<td>Dr. Giles</td>
</tr>
<tr>
<td>MIGS</td>
<td>Benign Gynecology-MIGS</td>
<td>Meriter Hospital</td>
<td>Dr. King</td>
<td>Dr. Giles</td>
</tr>
<tr>
<td>UW NF</td>
<td>Gynecology Night Float</td>
<td>UWHC</td>
<td>Dr. Rose</td>
<td>Dr. Rose</td>
</tr>
<tr>
<td>UW ONC</td>
<td>Gynecologic Oncology</td>
<td>UWHC</td>
<td>Dr. Rose</td>
<td>Dr. Rose</td>
</tr>
<tr>
<td>SM OB (Fall)</td>
<td>High Risk Obstetrics</td>
<td>St. Mary's Hospital</td>
<td>Dr. Stafeil</td>
<td>Dr. Stafeil</td>
</tr>
<tr>
<td>Elective (Spring)</td>
<td>Elective Rotation</td>
<td>Various Sites</td>
<td>Dr. McDonald</td>
<td>Dr. Williams</td>
</tr>
<tr>
<td>FLOAT</td>
<td>Float</td>
<td>Various Sites</td>
<td>Dr. McDonald</td>
<td>Dr. Williams</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PGY-4</th>
<th>Rotation</th>
<th>Site</th>
<th>Rotation Supervisor</th>
<th>Division Director/Proxy</th>
</tr>
</thead>
<tbody>
<tr>
<td>MH GYN</td>
<td>Benign Gynecology</td>
<td>Meriter Hospital</td>
<td>Dr. Peebles</td>
<td>Dr. Williams</td>
</tr>
<tr>
<td>MH OB</td>
<td>Obstetrics</td>
<td>Meriter Hospital</td>
<td>Dr. Peebles</td>
<td>Dr. Williams</td>
</tr>
<tr>
<td>GYN Consult</td>
<td>Gynecology Consult</td>
<td>Meriter/UWHC</td>
<td>Dr. Peebles</td>
<td>Dr. Williams</td>
</tr>
<tr>
<td>SM GYN</td>
<td>Benign Gynecologic Surgery</td>
<td>St. Mary's Hospital</td>
<td>Dr. Bathke</td>
<td>Dr. Stafeil</td>
</tr>
<tr>
<td>ARB</td>
<td>Resident Continuity Clinic Chief</td>
<td>Arboretum Clinic</td>
<td>Dr. Sharp</td>
<td>Dr. Anderson</td>
</tr>
</tbody>
</table>

UW=University Hospital; MH=Meriter Hospital; SM=St. Mary’s; NF=Night Float UHS=University Health; PP=Planned Parenthood
Learning Objectives

Learning Objectives for individual rotations are maintained on MedHub, our residency education management software, and sent to residents and faculty before the start of each rotation. In each learning objective document, you will find information on the following: goals and objectives of each rotation; milestones; duty hours and locations; conference and call schedules; vacation restrictions; lines of supervision; evaluation techniques; learning materials and resources.

We are committed to maintaining an environment in which residents and faculty can improve their knowledge and skills, and learn from each other. Residents will be incorporated into the department’s clinical, teaching and research activities in a supportive and collegial fashion.

It is our expectation that our residents will:
- Develop a personal program of self-study and professional growth.
- Conduct themselves in a professional manner by treating students, patients, nurses, faculty and ancillary staff with courtesy and respect.
- Assume responsibility for teaching and mentoring junior residents and students.
- Participate in safe, effective, and compassionate patient care under a level of faculty supervision that is commensurate with the resident’s training and ability.
- Apply cost containment measures in the provision of patient care.
- Participate in the emergent transport of patients in need of help.
- Participate in institutional programs and committees, especially those that relate to patient care and education.
- Adhere to established departmental and institutional policies, practices and procedures, which include accurate and timely completion of medical records.
- Adhere to resident duty hour standards.
- Keep accurate, current and well-organized logs of all in- and outpatient care experiences, as required by the ACGME.

Roles, Responsibility and Patient Care Activities for Trainees (Supervision)

Residents are physicians in training. They learn the skills necessary for their chosen specialty through didactic sessions, reading and providing patient care under the supervision of the Medical Staff (the attendings) and senior trainees, including fellows. As part of their training program, residents are given progressively greater responsibility according to their level of education, ability and experience, as part of a team of providers caring for patients which includes a supervising attending. Residents are expected to:

- Provide care in both the inpatient and outpatient settings, through direct patient care, consultative or diagnostic services.
- Evaluate patients, obtain the medical history and perform physical examinations to develop differential diagnoses, problem lists, and plans of care in conjunction with other trainees and the attending.
- Document the provision of patient care as required by hospital/clinic policy.
- Write orders for medications/other therapeutic interventions and diagnostic studies as specified in the medical center bylaws and rules/regulations
- Interpret the results of laboratory and other diagnostic testing
- Request consultation for diagnostic studies, the evaluation by other physicians, physical/rehabilitation therapy, specialized nursing care, and social services.
- Participate in procedures performed at the bedside, in the operating room or procedure suite under appropriate supervision.
- Initiate and coordinate hospital admission and discharge planning.
Residents should discuss the patient's status and plan of care with the attending, fellow and the team regularly. All residents help provide for the educational needs and supervision of any junior residents and medical students.

This document summarizes the Department of Obstetrics and Gynecology lines of supervision for residents in training at all sites. Specific supervision for individual rotations is documented in the rotation Learning Objectives.

The following is departmental policy:

1. ACGME Policy Excerpt: On an Obstetrics and Gynecology service, adequate supervision requires the 24-hour presence of faculty in the hospital except when residents are not assigned in-house call responsibilities. Faculty must be immediately available to the resident if clinical activity is taking place in the operating rooms and/or labor and delivery areas. Faculty must be within easy walking distance of patient care units. Clinical services provided in ambulatory (office) locations require on-site supervision. Open and generously used lines of two-way communication are important and should be encouraged.

2. The Chain of Command for patient care is: Junior Residents to Chief Resident/Fellow (when appropriate) to Attending. Our services are designed so that there is always an identified attending available and responsible for patient care. This attending must be notified on every admission or consult, and during the care of inpatients who are ill or who have potentially serious problems. Routine cases should involve early consultations if the resident is unsure of a plan of action.

3. An attending should be present for all operative cases and procedures.

4. An attending should be available for immediate consultation on the labor floor, and should attend all deliveries.

5. Charts should be reviewed by the chief resident/fellow or faculty. Documentation of care should accurately reflect the role of the faculty in the patient’s care and notations signed by the faculty when appropriate.

6. Although it is understood that residents will assume more responsibility as they proceed through the residency program, the attending should be consulted on any patient requiring surgery, ICU transfers, blood transfusions, or hospital admission as well as any about whom the resident has concern.

7. Backup to the attending assigned to the service are other attendings on the service, the chief of the division, and the department chair or vice chairs.

The specific role of each resident varies with clinical rotation, experience, years of clinical training, the patient’s illness and the clinical demands placed on the team. The following is a guide to the specific patient care responsibilities by year of clinical training.

**PGY 1**
They are primarily responsible for the care of patients under the guidance and supervision of the attending and senior trainees. They should be the point of first contact when questions or concerns arise about the care of their patients. PGY1 residents may provide care for inpatients, outpatients, or patients in the emergency department with appropriate supervision.

**PGY 2-3**
They should be the point of contact when questions or concerns arise about the care of their patients or when the PGY 1 is unable to address the clinical issues. PGY2-3s may serve as part of a team providing consultative services, or care for patients in the outpatient setting or emergency
Chief Residents (PGY 3-4)
The PGY-4 residents are considered chief residents. On UW Gynecology Oncology, the PGY3 serves as the Chief Resident. Chief residents supervise the activities of the inpatient team, in addition to caring for outpatients in any setting. Chief residents are responsible for providing leadership for the team, overseeing patient care, serving as consultants, scheduling or covering absences of resident physicians, scheduling didactics and overseeing the compliance with the ACGME work hours regulations of his/her team of residents. They participate in administrative committees as required by the Department. They coordinate admissions and/or transfers from other centers or services. They are responsible for promoting the education of junior trainees and students.

Supervision of Invasive Procedures
In a training program, as in any clinical practice, it is incumbent upon the physician to be aware of his/her own limitations in managing a given patient, and to consult a physician with more expertise when necessary. When a resident requires supervision, this may be provided by a qualified member of the medical staff or by a trainee who is authorized to perform the procedure independently. In all cases, the attending physician is ultimately responsible for the provision of care by trainees. When there is any doubt about the need for supervision, contact the attending.

For purposes of reimbursement of services (billing), attending faculty can only bill a professional fee for procedures in which he/she was physically present. This is a related but separate supervision issue- hence the attending physician should always be notified when a procedure is to be performed.

I. No supervision required.
- Dressing changes
- Suture and staple removal
- Vaginal pack removal
- Central venous catheter removal

II. Supervision required.

Definition of Supervision: The Medical Staff member has been notified of a procedure and has deemed the resident qualified to perform the procedure independently.

Definition of Direct Supervision: The presence of a qualified Medical Staff member at the bedside.
The following procedures require direct supervision by a qualified individual until the trainee has achieved the training level specified; thereafter, they require supervision. Again, for purposes of reimbursement of services (billing), attending faculty can only bill a professional fee for procedures for which he/she was physically present.

III. Direct supervision by a qualified member of the medical staff required.

Definition of Direct Supervision: The presence of a qualified Medical Staff member at the bedside.

- All obstetrical or gynecology surgical procedures performed in the Operating Room setting
- All office procedures including pregnancy termination procedures, endometrial biopsy, colposcopy, and IUD insertion
- All vaginal deliveries
- Amniocentesis and External Cephalic Version

A supervision table by PG year can be found in Appendix B
**Emergency Procedures**

As stated in the UWMC bylaws, any procedure may be performed without supervision by any resident in the event of a life-threatening emergency situation. The assistance of more qualified individuals should be requested as soon as practically possible.

**Transitions of Care**

**Purpose:** To establish a consistent and cohesive protocol to ensure accurate and timely communication between residents that leads to high quality patient care when transfer of responsibility occurs during shift changes and other scheduled or unexpected circumstances.

**Persons affected:** All resident personnel.

**Policy:** The transition of care (handoff) process will include the IDEAL information in a standardized format. Reminders of the handoff process will be printed and available in resident work stations for easy reference. Signout will take place at the end of each shift upon arrival of the relieving resident. Both parties will have access to the patient list for accurate communication and to ensure a complete and thorough signout.

I = Identify patient and physician  
D = Diagnosis and current condition  
E = (Recent) Events/changes in condition or treatment  
A = Anticipated changes in condition or treatment, what to watch for in next interval of care and/or contingency plans  
L = Leave time for the opportunity to ask questions and clarify information.

An annual didactic session on communication skills and proper transition of care technique will be incorporated into the didactic curriculum to ensure competency of trainees in handoff skills and communication.

Patient confidentiality and privacy will be ensured in accordance with HIPAA guidelines.

**HIPAA and Medical Records**

Please refer to UConnect, UW Health's intranet, for information regarding the most current HIPAA and medical records practices: [https://uconnect.wisc.edu/](https://uconnect.wisc.edu/)

**Interpersonal Skills/Patient Satisfaction**

The physician-patient relationship is fundamental to providing effective healthcare. Physicians who build quality relationships with their patients are more likely to have satisfied patients. These physicians may also gain other unexpected dividends. For instance, there is evidence that patients tend to be more compliant with treatment plans when they share a quality relationship with their physician. Also, it has been found that patients who are treated respectfully are less likely to become plaintiffs in medical malpractice cases. Consider the following comments from Boston attorney Alice Burkin, who has represented malpractice clients for almost 20 years:

“I’d say the most important factor in many of our cases - besides negligence itself - is the quality of the doctor-patient relationship. People just don’t sue doctors they like… We’ve had people come in saying they want to sue some specialist, and we’ll say ‘We don’t think that doctor was negligent. We think it’s your primary care doctor who was at fault’ and the client will say, ‘I don’t care what she did. I love her, and I’m not suing her.’ The best way to avoid getting sued is to establish good relationships with your patients. The secret to creating those relationships is really very simple - it’s not rocket science. You have to treat your patients with respect. Take time to talk with them and, even more important, to listen.”

20
Researchers from Vanderbilt performed a six-year study in which they looked at complaints against 645 physicians. They found that 8% of these physicians generated over half of the malpractice suits. A follow-up study with 900 maternity patients found that doctors with high complaint and malpractice claim rates were characterized as rude, uncaring and inattentive, and failed to return phone calls. Treat your patients with respect and dignity because it is the professional thing to do.

**Tips for Better Relationships with your Patients**

- Review the patient's chart *before* you enter the exam room.
- Address your patient by name.
- Sit down during the appointment.
- Focus on your patient. The appointment is important to them. Don't take phone calls.
- Avoid the appearance of rushing the appointment. Don't look at your watch.
- Ask about the patient's family, work, weight loss, or prior health.
- Maintain eye contact.
- Convey alertness, interest, and attentiveness. Use nonverbal cues such as nodding.
- Listen without interrupting to your patient's description of their problems and self-diagnosis.
- Ask them about their concerns.
- Rephrase what the patient says to indicate your understanding of his or her concerns.
- Speak in language they can understand. Avoid using jargon.
- Don't talk about other patients you have seen that day.
- It's OK to admit that you don't know. Find the answer and get back to them in a timely manner.

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1 Committee on Quality of Health Care in America, Institute of Medicine. 2001. *Crossing the Quality Chasm: A New Health System for the 21st Century*
3 Johns Hopkins' *Defining the Patient-Physician Relationship for the 21st Century*, 3rd Annual Disease Management Outcomes Summit. October 30 – November 2, 2003 Phoenix, Arizona
5 Hickson GB, et al. *JAMA* 2002;287:1583-1587
Thursday University

Overview

Thursday University is the name applied to the residency program’s weekly educational sessions on Thursday morning. These events include M&M, Grand Rounds, lectures, simulation labs, Journal Club, and resident workshops. Also scheduled are times for independent learning, administrative tasks, computer training, and various resident meetings. Thursday University runs year-round from 7:00 – 12:00 noon.

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 am</td>
<td>M&amp;M</td>
</tr>
<tr>
<td></td>
<td>Faculty and Resident Meetings (3rd Thurs of each month)</td>
</tr>
<tr>
<td>8:00 am</td>
<td>Grand Rounds</td>
</tr>
<tr>
<td></td>
<td>Faculty &amp; Resident steering committees (3rd Thurs of each month)</td>
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<tr>
<td>9:15 am -</td>
<td></td>
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<tr>
<td>11:30 am</td>
<td>Resident Didactics</td>
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<td></td>
<td>Simulation Labs</td>
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<tr>
<td></td>
<td>Program Director meetings</td>
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<td></td>
<td>Journal Club</td>
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<td></td>
<td>Research meetings</td>
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<tr>
<td></td>
<td>Wellness activities</td>
</tr>
<tr>
<td></td>
<td>Administrative time</td>
</tr>
<tr>
<td></td>
<td>Independent learning</td>
</tr>
</tbody>
</table>

Weekly schedules are maintained by Beckie Schimelpfenig, Administrative Assistant. Weekly Thursday schedules can be found on Google Calendar.

Core teaching series on major rotations

Low Risk Obstetrics (Generalist Division)

1. Normal labor management
2. Post term pregnancy
3. Anemia of pregnancy
4. Hypertensive disease of pregnancy (GHTN, pre-eclampsia basics)
5. Preterm labor diagnosis and management
6. Malpresentation (breech, face presentation, mentum posterior etc)
7. Antepartum hemorrhage – placenta previa, abruption etc
8. Asthma in pregnancy
9. Acute GI disorders (appendicitis, choledylthiasis, cholecystitis, pancreatitis)
10. Multiple gestations (input on guidelines from MFM)
11. Urinary tract infections and pyelonephritis (input on guidelines from MFM)

Urogynecology (Urogynecology Division)

1. Anatomy of the female pelvis (alternate with Gynecology Oncology as part of anatomy lab)
2. Obstetrics and pelvic floor dysfunction
3. Office evaluation of urinary incontinence and Urodynamics
4. Operative injuries and Cystoscopy
5. Normal micturition and voiding dysfunction
6. Non-surgical and surgical management of stress incontinence
7. Surgery for anterior, posterior, and apical prolapse
8. Management of urge incontinence
9. Interstitial cystitis and pelvic pain

Gynecology (Generalist Division)

1. Abnormal uterine bleeding
2. Vaginal and vulvar infections
3. Vulvar dystrophies, dermatoses, pain syndromes
4. Sexually transmitted infections
5. Pelvic inflammatory disease
6. Pelvic masses – fibroids, cystic and solid masses, TOAs, torsion, cysts/benign neoplasms, diverticulitis, appendicitis
7. Chronic pelvic pain
8. Benign breast disease – masses, discharge, pain, infection, asymmetry, excessive size, underdevelopment
9. First trimester pregnancy failure – SABs, ectopic pregnancy
10. Menopause and Hormonal replacement therapy
11. Polycystic ovarian syndrome for the generalist
12. Endometrial hyperplasia, treatment, and follow up
13. Cervical, Vulvar and Vaginal dysplasia management
14. Pediatric and Adolescent gynecology

Oncology (Gynecology Oncology Division)

1. Genetics and Cancer
2. Carcinoma of the breast
3. Vulvar and vaginal malignancies
4. Cervical Cancer
5. Carcinoma of the uterus
6. Ovarian and tubal carcinoma
7. Gestational trophoblastic disease
8. Critical care, pre-and post-op care
9. Radiation therapy and Chemotherapy

Reproductive Endocrinology and Infertility (REI Division)

1. Physiology of the normal menstrual cycle
2. Developmental anomalies of the urogenital tract
3. Primary and Secondary amenorrhea (POI)
4. Endometriosis
5. Hyperprolactinemia
6. Hirsutism and PCOS beyond the generalist
7. Recurrent pregnancy loss
8. Primary and secondary infertility
9. Ethics of Assisted Reproductive Technologies
**Learn In: Resident Led Thursday Morning Didactics**

The goal of this program is to enhance the residents’ didactic educational experience by both acting as a facilitator leading teaching sessions and participating as an active learner. The series will consist of twelve sessions led by PGY-3 and PGY-4 residents prior to CREOGs.

Objectives:

1. To focus on specific educational topics identified by CREOG analysis that need improvement.

2. To provide a structured curriculum where residents will be responsible for reading assigned articles and participating in small group case discussions on identified topics.

3. To allow senior residents to excel in their teaching role and provide expertise on the topic of choice.

4. To discuss case scenarios pertaining to the topics in order to apply didactic information to a clinical setting.

**Simulation Lab**

Entering its twelfth year of operation, our 1100 square foot simulation lab is located in Meriter Hospital and provides a wide range of simulation training for our residents. The curriculum consists of more than 30 individual labs presented in a two-year revolving curriculum. Since independent practice is crucial to skill development, residents have 24/7 access to the simulation lab.

Dr. Ryan McDonald (Obstetrics) and Dr. Cara King (Gynecology) are the Co-Directors of the Simulation Lab. Jody Silva, Simulation Lab Manager, manages day-to-day operations and provides logistical support for Thursday sim labs. Below is a partial list of sim labs in our two-year curriculum.

**Obstetrics:**

**Breech Delivery**

*All residents: Practice on Noelle of proper technique for breech delivery.*

**C-section Delivery**

*All residents: Practice on proper c-sections on models.*

**Forceps/Vacuum Delivery**

*All residents: Practice on Noelle of proper technique for forceps/vacuum delivery.*

**Perineal Laceration Repair**

*PGY1 residents: Learn fundamentals of obstetric laceration repair on simulation models*

**Post-Partum Hemorrhage**

*All residents: Practice on Noelle of proper technique for post-partum hemorrhage, including suturing.*

**Shoulder Dystocia**

*All residents: Practice on Noelle of proper technique for shoulder dystocia.*
**Gynecology:**

**Abdominal Hysterectomy**  
*All residents: Practice proper Abdominal Hysterectomy technique on simulation models.*

**Care of Transgender Patient**  
*All residents: Meeting the needs of the transgender patient in the clinical setting.*

**Colposcopy and LEEP**  
*Description: Review of proper technique and practice with colposcopy equipment.*

**Electro-surgery**  
*All residents: Basic theory of electro-surgery and practice with electro-surgery equipment.*

**Hand-off**  
*All residents: Learn efficient hand-off of patients from resident to resident.*

**Laparoscopic Suturing**  
*All residents: Develop laparoscopic suturing skills with faculty instruction.*

**Robotic Surgery**  
*All residents: Practice on DaVinci robot in Meriter OR.*

**Vaginal Hysterectomy**  
*All residents: Practice proper Vaginal Hysterectomy technique on simulation models.*

**Online Modules**

To augment the clinical and academic curriculum, residents complete various on-line didactic activities and surgical skills exercises throughout the year.

**Fundamentals of Laparoscopic Surgery  PGY1**

The American College of Surgeons and the Society of American Gastrointestinal and Endoscopic Surgeons developed FLS for surgical residents. FLS is a comprehensive educational program that includes online instruction and cognitive assessment, as well as manual skills testing. Residents complete the online portion of the FLS program during the first half of their PGY1 year and practice the five FLS skills to prepare for passing an in-house manual skills testing in May. PGY1 residents are required to pass a skills test proctored by our faculty in the sim lab. In a recent change, the American Board of Obstetrics and Gynecology (ABOG) now requires all residents graduating after May 2020 to pass the FLS test at an official testing center. Given the structured training provided here, we are confident our residents will be fully prepared to pass the test.

**Robotic Surgery Training Modules PGY2**

Our robotic surgical training program was developed in conjunction with Intuitive Surgical, makers of the da Vinci robotic surgical system, which is used at all three of our program's hospitals. Residents receive orientation and basic training on the da Vinci robot to provide competent assistance in robotic surgical cases. Residents may opt-in for advanced robotic training, which includes extensive skills practice on the da Vinci simulator and evaluation of robotic surgical skills by faculty in the OR. Upon completion of robotic surgical training, residents receive a certificate from the program attesting to their ability to conduct robotic surgery independently.
**TrueLearn**
All residents have access to TrueLearn's OBGYN Smart bank. These question banks can be used for both CREOG in-training exam and ABOG board study preparation.

**Recruitment season**
During recruitment season (November & December), residents not assigned to interviewing or visiting with student applicants will be assigned to complete on-line educational activities during Thursday University.

**American Institute of Ultrasound in Medicine (AIUM)**
24/7 online access to The Journal of Ultrasound in Medicine as well as the printed journal, online resource library and educational modules. All residents will have a yearly subscription.

**American Society for Reproductive Medicine (ASRM)**
ASRM has many resources available for health professionals including ASRM eLearn. Residents are expected to complete some of these online modules.

**The Foundation for Exxcellence in Women's Health Care: Pearls of Exxcellence**
The Pearls of Exxcellence are the most challenging topics for Ob/Gyn certification. The Exxcellence Foundation will review the data from the three oral Board certification exams, and compile a list of the ten to twelve most challenging topics. A short review and references will periodically be posted to their website: [www.exxcellence.org/pearls.php](http://www.exxcellence.org/pearls.php)

**Graduate Medical Education (GME) modules**
As part of the UW Health Improvement Network's curricula in patient safety and quality improvement, the PG-1's must complete Patient Safety Curriculum which is put out through Med Hub by the GME Office in November. They will have another one in February on Quality Improvement. Safety and Infection Control which is required for all residents in January of each year. SAFER (Sleep and Fatigue Education for Residents) is required annually.
**Rotation Conference Schedule:**

Educational sessions that occur on the various rotations rather than as a group on Thursday morning.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Type</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>7:00 am</td>
<td>Meriter Gyn Didactics – Service Attending</td>
<td>Meriter Cafeteria</td>
</tr>
<tr>
<td></td>
<td>7:00 am</td>
<td>Meriter Ob Sign-Out/PBL&amp;I</td>
<td>Meriter 5-E Sim Lab</td>
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<tr>
<td></td>
<td>7:30 am</td>
<td>Meriter Ob High Risk Didactics</td>
<td>Meriter 5-E Sim Lab</td>
</tr>
<tr>
<td></td>
<td>12 noon</td>
<td>REI IVF Conference</td>
<td>GFC Conference Room</td>
</tr>
<tr>
<td>Tuesday</td>
<td>7:00 am</td>
<td>Meriter Gyn Didactics – Service Attending</td>
<td>Meriter Cafeteria</td>
</tr>
<tr>
<td></td>
<td>7:00 am</td>
<td>Meriter Ob Sign-Out/PBL&amp;I</td>
<td>Meriter 5-E Sim Lab</td>
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<tr>
<td></td>
<td>7:30 am</td>
<td>Meriter Ob Senior Topic Didactics</td>
<td>Meriter Hosp-Atrium</td>
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<tr>
<td></td>
<td>7:30 am</td>
<td>SMOB Education Conference (second Tuesday Of month)</td>
<td>SMH Conference Rooms</td>
</tr>
<tr>
<td>Wednesday</td>
<td>6:45 am</td>
<td>SMOB Didactic Session (Stafeil)</td>
<td>SMH L&amp;D</td>
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<td></td>
<td>7:00 am</td>
<td>MIGS Preop Conference</td>
<td>TBD</td>
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<tr>
<td></td>
<td>7:00 am</td>
<td>Meriter Ob Sign-Out/PBL&amp;I</td>
<td>Meriter 5-E Sim Lab</td>
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<tr>
<td></td>
<td>7:00 am</td>
<td>Meriter Gyn Didactics (Diem)</td>
<td>Meriter Cafeteria</td>
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<tr>
<td></td>
<td>7:30 am</td>
<td>Meriter Ob Low Risk Didactics</td>
<td>Meriter 5-E Sim Lab</td>
</tr>
<tr>
<td></td>
<td>7:30 am</td>
<td>GYN ONC Didactic Session w/attending (lead by senior)</td>
<td>F6/621</td>
</tr>
<tr>
<td>Thursday</td>
<td>7:00 am</td>
<td>Morbidity &amp; Mortality Conf/Resident Meetings</td>
<td>Bolz Auditorium (or HSLC)</td>
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<tr>
<td></td>
<td>8:00 am</td>
<td>Grand Rounds*/Journal Club/Steering Comm.</td>
<td>Bolz Auditorium (or HSLC)</td>
</tr>
<tr>
<td></td>
<td>9:00 am</td>
<td>Resident Education Series</td>
<td>Bolz Auditorium (or HSLC)</td>
</tr>
<tr>
<td></td>
<td>12:30 pm</td>
<td>UROGYN Preop Book/Education</td>
<td>TBD</td>
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<tr>
<td></td>
<td>4:00 pm</td>
<td>MIGS Laparoscopic Box Training</td>
<td>TBD</td>
</tr>
<tr>
<td>Friday</td>
<td>7:00 am</td>
<td>Meriter Ob Sign-Out/PBL&amp;I</td>
<td>Meriter 5-E Sim Lab</td>
</tr>
<tr>
<td></td>
<td>7:00 am</td>
<td>Meriter Gyn Didactics (lead by Senior)</td>
<td>Meriter Cafeteria</td>
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<tr>
<td></td>
<td>7:30 am</td>
<td>Meriter Ob Strip Rounds</td>
<td>Meriter 5-E Sim Lab</td>
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<tr>
<td></td>
<td>8:00 am</td>
<td>ARB High Risk Patient Conference</td>
<td>Arboretum Clinic</td>
</tr>
<tr>
<td></td>
<td>12 noon</td>
<td>PGY-1 Clinics UHS Didactics</td>
<td>UHS</td>
</tr>
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Disciplinary Action, Appeals, and Grievances

The following three sections explain the policies and procedures of the Obstetrics and Gynecology Residency Program and UW Graduate Medical Education Office concerning discipline, appeals, and grievances.

Disciplinary Policies and Procedures
The Program Director and Clinical Competency Committee decide whether a resident is promoted to the next level of training. Promotion is based on a resident's satisfactory completion of assigned rotations and satisfactory performance on the CREOG in-training exam. A resident who is not progressing through the program at the expected rate may be assigned to one of the following categories: remediation, warning, probation, suspension, termination or non-renewal of contract.

The categories of remediation and warning are internal processes (i.e. processed only through the Residency Program and the UWHC Graduate Medical Education Office) and are non-reportable to state boards and national data banks. Probation, suspension, and termination or non-renewal of contract are reportable actions. Residents will receive written notification of any disciplinary action.

Suspension
In the interests of patient safety a resident may be suspended at any time by the Program Director, Department Chair, or Senior Vice President of Medical Affairs.

- Suspension is effective immediately.
- Any suspension imposed by the Program Director or Department Chair must be reviewed by the Senior Vice President of Medical Affairs.
- Following a review, the Senior Vice President of Medical Affairs will notify the resident of the review decision in writing. The resident has two days from that point to submit mitigating information.
- The Senior Vice President of Medical Affairs will review any additional information and decide within five days whether to continue or end the summary suspension. The resident will receive a written notice of this decision, which will outline the resident's appeal rights.

Termination or Non-renewal
If the residency program decides not to promote, re-appoint, or graduate a resident, the resident will be informed in writing with an explanation of their appeal rights. Notification of the decision must be given to the resident a minimum of 4 months prior to the end of the current appointment. However, in exceptional circumstances, shorter notice of non-renewal may be necessary.

Appeals of Resident Evaluation, Discipline, Non-renewal or Dismissal Decisions
Residents may appeal:

- a negative semi-annual evaluation by the Program Director;
- a status change to warning, probation, suspension, or termination or non-renewal of contract.

The appeal policy of the UW Graduate Medical Education Office requires residents to exhaust the appeals process within their residency program before an institutional review is requested.
**UW Ob-Gyn Internal Appeal Process:**

1) A resident must complete and submit the appeal paperwork to the office of the department Chair within 10 days of notification of the negative evaluation or status change. Appeal paperwork is available from the Program Coordinator.

2) If the appeal is not filed within 10 days (not including weekends and holidays) the right to appeal is considered waived.

3) The Chair and one other faculty member (not the Program Director) review the appeal and may decide to uphold, reverse, alter the decision, or forward the appeal to the Clinical Competency Committee (CCC). The resident will be informed of the decision in writing within 10 days of the appeal submission.

4) The CCC decision must be made by a quorum of committee members with a simple majority vote and must be made within 10 days of the appeal's receipt from the department Chair. The CCC will notify the resident of its decision in writing.

5) Rejection of a resident appeal will explain the resident’s institutional appeal rights.

**Resident Grievances**

This section pertains to resident employment concerns and does not apply to academic or other disciplinary actions taken against the resident that could result in dismissal, non-renewal, non-promotion, or other actions that could threaten the resident’s career. Also, this process is not meant for allegations of discrimination based on sex, age, race, national origin or disability, which should be filed with the UWHC Human Resources Department. Examples of legitimate grievances include problems with the work environment, interactions with faculty or staff, and hospital policies or procedures.

Prior to submitting a grievance a resident may consider the following options to resolve conflicts:

The UW Graduate Medical Education Office supports the “Resident Confidential Complaint Hotline” (263-8013). Complaints are confidential and will be forwarded to the appropriate person(s) to address the issue.

**Policies and Procedures for Filing a Grievance:**

1) Residents may not be penalized in any way for filing a grievance.

2) Departmental review and grievance processes must be completed before a resident may request an institutional review.

3) At any step of the process a resident may be accompanied by another member of the medical profession.

4) The resident completes and submits the grievance paperwork (available from the Program Coordinator) to the department Chair’s office.

5) The department Chair and at least one other faculty member will review the grievance and decide on a course of action within 10 days. The resident will be notified of that decision in writing.

6) If the resident is not satisfied with the department decision, he/she may file an appeal with the GME Appeals Committee within 10 days of the department’s written decision.

The GME Office has detailed procedures designed to provide residents with a full hearing of their grievance. A copy of these procedures is available to residents through the Residency Program Coordinator and UW GME office [www.uwgme.org](http://www.uwgme.org).
Clinical Work and Education

Work and Education Hours Policy

The purpose of this policy is to ensure compliance with all ACGME clinical experience and work hour requirements. Programs, in partnership with UW Health, are expected to provide a clinical learning environment that serves the best interests of both patients and residents, by providing a structure that not only enables residents to gain the requisite educational and clinical experience but also provides reasonable opportunities for rest and personal activities. The intent of these requirements is to ensure that programs recognize the need to balance educational experiences with time away from the program. If an imbalance exists, it is expected that the program makes adjustments as needed.

In addition, residents and faculty members must demonstrate an understanding and acceptance of their personal role in:
A. the safety and welfare of patients entrusted to their care;
B. patient and family-centered care;
C. their fitness for duty;
D. management of their time before, during, and after clinical assignments;
E. recognition of impairment, including illness and fatigue, in themselves and in their peers;
F. honest and accurate reporting of work hours, patient outcomes, and clinical experience data
G. alerting the program director when they are concerned that another resident, fellow, or faculty member may be displaying signs of burnout, depression, substance abuse, suicidal ideation or potential for violence

Policy:

Maximum Hours of Clinical and Educational Work per Week:
Work hours must be limited to 80 hours per week (averaged over 4 weeks) inclusive of all in-house clinical and educational activities, clinical work done from home. Reading done in preparation for the following day's cases, studying, and research done from home do not count toward the 80 hours.

A week starts on Sunday at 12am and ends on Saturday at 11:59pm.

A resident must be proactive in looking at their rotation and call schedule in advance in order to prevent a violation. The weekend before the block starts, each resident is responsible for contacting the chief of their service with their scheduled number of hours for the rotation broken down by week. Rotations that do not have a chief of service will send their hours directly to the Administrative/Education Chiefs.

Each week, a MedHub work hours compliance report will be sent to the residents. The chief of service then calculates their new duty hour average for the month based on actual and projected hours worked.

When a resident is nearing the 80 hour limit (on average), the Jeopardy resident is contacted to work the hours necessary to prevent a work hours violation for the resident over the remainder of the weeks.

If the Jeopardy resident is not available, or the team is able to function without that resident, then the chief of the service is responsible for sending that resident home and covering with the remainder of the team.
Additionally, on Thursday morning the junior residents will check in with the chiefs of service from 9:00-9:15 am regarding their duty hours for the week and whether they are significantly exceeding their scheduled 80 hours. If so, they will find time for them to be scheduled to leave work for the necessary hours to avoid work hours violation. If this is necessary, either the resident team will provide adequate coverage or the Jeopardy resident will be assigned to cover.

**Jeopardy Resident**
The Jeopardy resident is the resident assigned to cover their resident colleagues for sick days, family emergencies, excessive workload, excessive fatigue and unforeseen circumstances. The Jeopardy resident for each week will be assigned by the Chief resident(s).

**Mandatory Time Free of Clinical Work and Education**
Residents should have **eight hours off** between scheduled work periods. There may be circumstances when residents choose to stay to care for their patients or return to the hospital with fewer than eight hours free of clinical experience and education. This must occur within the context of the 80-hour and the one-day-off-in-seven requirements.

Residents must have at least **14 hours free** of clinical work and education after 24 hours of in-house call.

Residents must be scheduled for a minimum of **one day in seven free** of clinical work and required education (when averaged over four weeks). The ACGME defines one day as "one continuous 24-hour period free from all administrative, clinical and educational activities." At-home call cannot be assigned on these free days.

**Maximum Clinical Work and Education Period Length**
Clinical and education work periods for residents **must not exceed 24 hours** of continuous scheduled clinical assignments.

Up to four hours of additional time may be used for activities related to patient safety, such as providing effective transitions of care, and/or resident education.

**Clinical and Educational Work Hour Exceptions**
In rare circumstances, after handing off all other responsibilities, a resident, on their own initiative, may elect to remain or return to the clinical site in the following circumstances: to continue to provide care to a single severely ill or unstable patient, or humanistic attention to the needs of a patient or family, or to attend unique educational events.

These additional hours of care or education **will be counted** toward the 80-hour weekly limit.

**In-House Night Float**
Night float must occur within the context of the 80-hour and one-day-off-in-seven requirements.

**Maximum In-House On-Call Frequency**
Residents must be scheduled for in-house call no more frequently than **every third night** (when averaged over a four-week period).

**At-Home Call**
Time spent on patient care activities by residents on **at-home call must count** towards the 80-hour maximum weekly limit. The frequency of at-home call is not subject to the every third-night limitation, but must satisfy the requirement for one day in seven free of clinical and educational work, when averaged over four weeks. At-home call must not be so frequent or taxing as to preclude rest or reasonable personal time for each resident. Residents are permitted to return to the hospital while on at-home call to provide direct care for new or established patients. These hours of inpatient care must be included in the 80-hour weekly maximum.
**Resident Time Off**
Residents must be given the opportunity to attend **medical, mental health, and dental care appointments**, including those scheduled during their working hours. Every 5th Thursday from 9:00am to 12:00pm is dedicated to non-urgent resident wellness appointments. No didactics or other activities will be scheduled during this time.

In addition, there are circumstances in which residents may be unable to attend work, including but not limited to fatigue, illness, and family emergencies. Residents should notify their Chief of Service if they are unable to work and the jeopardy resident will be assigned as needed. The jeopardy resident for each week will be assigned by the Chief resident(s). If the resident is unable to notify their chief of service, they should contact the administrative chief(s), the associate program director(s) or the program director. They will be excused from work without fear of negative consequences. We will hold faculty development sessions regarding resident time off so that we remain compliant in this area.

**Call Trades**
After the call schedule is finalized, residents may request a call trade through Amion. The trade will be approved if it does not produce a violation of this work hours policy.

**Resident Call Pools**
All services with the exception of the Elective rotation shall be in the call pool. The Chief Residents will be cognizant of high acuity rotations when scheduling call shifts and distributing the workload to minimize risks of 80 hour work week violations.

**Fatigue Mitigation**
Programs must educate all faculty members and residents to recognize the signs of fatigue and sleep deprivation; educate all faculty members and residents in alertness management and fatigue mitigation processes; and, encourage residents to use fatigue mitigation processes to manage the potential negative effects of fatigue on patient care and learning. (CPR VI.D.1.a-c)

The Department places a high priority on close monitoring of stress, fatigue and sleep deprivation in its residents and faculty. Day-to-day monitoring of one's self and colleagues is everyone's responsibility, however, special attention must be paid by the Program Director, and Faculty to ensure both patient safety and the health and well-being of the Department. Residents should relay any concerns to the senior resident on service. If that person is not appropriate or is unavailable, the chief resident should be notified. If the chief resident cannot resolve the situation or find appropriate coverage (i.e. Jeopardy resident), the Residency Program Director should be alerted.

Annually, all residents and faculty are educated on fatigue mitigation in the Safety and Infection Control (SIC) computer-based training that takes place every fall. All new residents and fellows take SIC as part of the onboarding process.

**Safe Ride Home**
The GME Administration will reimburse a resident for a cab ride home in the case that s/he is too tired to safely drive themselves home following a duty period. Receipts should be turned in within 30 days of the ride.
Moonlighting

The Department adopts the following policy:

The Department does not allow Moonlighting by Resident Physicians. Exceptions may be made for PGY-2, PGY-3 and PGY-4 residents for certain internal moonlighting activities, and must be approved by the Program Director. All clinical moonlighting hours plus training program duty hours will not exceed 80 hours per week.

PGY-1 residents are not permitted to moonlight.

Site-specific clinical work and education rules

Note: Rotation-specific duty hour requirements are included in the rotation Learning Objectives in MedHub.

Policy for Entering Work Hours

Duty hours must be reviewed and submitted in MedHub on a weekly basis by Saturday. Residents have access to the current week and the previous week in MedHub after which they are locked out.

A compliance report will be run weekly. See separate section “Work and Educational Hours Policy” above for further information regarding work hours.

General Rules

• Do not falsify your MedHub entries. We need to be sure the system is set up so we never violate the work hour rules. We can’t tweak the system without knowing where it may be failing.
• Paperwork, OR dictations and discharge summaries/dictations are not valid reasons to stay late and break work hour rules. You need to take time during the day to do these. If you are having trouble getting dictations/summaries done, let the senior resident know. Many times you will have to pass off uncompleted work. Do the best you can to finish, but remember that you have to leave on time. So, learn to organize, be concise and pass it on.
• Planned Work Hours - this is for all scheduled hours including, in-house calls, regardless of the day of the week.
• Vacation: The Chief resident submits your time off schedule to the Program Coordinator, and the coordinator logs it into MedHub.
• Please count work hours as continuous if you finish night float at 8:00 am and start Resident clinic at 8:30 am. Don’t log as two separate shifts, as this is flagged as not having 10 hours off between shifts. This should be considered planned work hours from start of night float shift at 6:00 pm until completion of your clinic.

Work Hour Compliance Monitoring

Senior level residents are responsible for ensuring adherence to duty hours for themselves and the junior residents on their teams.

See separate section “Work and Educational Hours Policy” above for further information regarding work hours.

All residents are expected to log duty hours on each rotation in MedHub.
To monitor program compliance, the GMEC Duty Hours Subcommittee will review:
a) Duty hour logs from MedHub
b) ACGME Resident survey data;
c) Data from annual program reviews
d) Duty hour issues that arise from the internal reviews of the program and ACGME site visits.

In addition, the GMEC or the GMEC Duty Hours Subcommittee may require action plans and additional monitoring when corrective action is needed.

**Resources**

**Call rooms**
Call rooms are provided at all three hospitals. At UWHC, if there is not a previously assigned call room available for sleep, a Resident may call Bed Control at 263-8775 and ask for a call room in the “resident hotel system.”

**Safe Ride Home**
The GME office will reimburse a resident for a cab ride home in the case that s/he is too tired to safely drive themselves home following a duty period. Receipts should be turned in within 30 days of the ride. Submit your receipt and the following information to your program coordinator: name, date, time of day, program, and rotation or call name.

**Employee Assistance Program**
Effective immediately upon employment, all UW Health employees have access to LifeMatters, our employee assistance and work/life program. LifeMatters is designed to be a confidential source of information and assistance to help employees and their families, including but not limited to legal assistance, financial resources, child care and counseling services. For more information, call 1-800-634-6433 or visit mylifematters.com (password: UWH1)

**Department Psychologist**
The Department of Obstetrics & Gynecology has a counselor available to any resident needing assistance in coping with difficult or stressful situations. Please log into MedHub (Resources/Documents folder) for more information.

**Tips for Providers with Negative Outcomes**: log into MedHub (Resources/Documents folder) for this handout.

**Wellness Resources**
A Wellness folder is available in MedHub (Resources/Documents folder), and a separate section can be found in the manual.

The UW GME office sponsors a wellness app for mobile devices and there are numerous resources on the UW “Wellness at Work” website and Med Hub.
Electives

The Elective is a four-week rotation in the PGY3 year that is designed by the resident. There is no scheduled night-call, enabling the resident to make elective arrangements out of town, if desired. The University of Wisconsin Department of Obstetrics and Gynecology encourages a global health electives in Ethiopia. All electives will be approved on a case by case basis. The UW GME office is willing to support outside electives that focus on gaining skills not available within UW Health as well as global health work. Experiences within UW Health are designed by the resident to gain additional skills based on their interests.

These customized electives must be approved by the program director, in consultation with the chair, and/or the Graduate Medical Education office. Proposed outside elective requests must be submitted to the Program Director prior to the GME deadline, accompanied by the resident’s written description of his/her desired learning objectives for each elective component. Longer advanced planning is required for any elective outside UW Health.

Preference will be given to residents seeking additional training experience in Ethiopia or within the state of Wisconsin. Outside electives must include experience required by ACGME and not attainable within the UW medical system.

All elective forms and deadlines can be found in MedHub (Resources/Documents) folder as well as past elective proposals.

Listed below are elective rotations that residents have completed.

Previously approved elective options:
Addis Ababa Fistula Hospital and Soddo Christian Hospital in Ethiopia
Anatomy Lab at the Medical Sciences center
Breast Clinic at UWHC
Clinical and Cancer Genetics, Waisman Center & UW Cancer Center
Cytology Laboratory, Waisman Center & UW Cancer Center
Divine Savior Healthcare, Portage, WI
Felix Rutledge Rotation at MD Anderson
Leogane Family Health Center in Haiti
Mammography at UWHC
Monroe, WI (Monroe Clinic)
Newborn Intensive Care Unit (NICU) at Meriter Hospital
Obstetrical Ultrasound/Pelvic floor physical therapy at Meriter Hospital & Clinics
Outpatient gynecology cases at St. Mary’s Hospital
Pelvic Dissection at UW Department of Anatomy
Planned Parenthood
Research elective
Waupun (Waupun Memorial Hospital)
Sexually Transmitted Disease Clinic at Student Health Service
St. Paul’s Hospital Millennium Medical School in Addis Ababa, Ethiopia
Radiology at UWHC
Plastic Surgery at UWHC
UCSF - Women’s Options Center
Evaluation of Resident Performance

**Overview**
The primary purpose of the evaluation process is to support the professional development of our residents. Evaluations supply the performance feedback that residents apply to improve their daily practice. We believe that our evaluation process is effective because it is fair, comprehensive, timely, and efficient.

- **Fair.** The evaluation process is impartial and transparent. The workings of the evaluation process are open for review (see link below). Evaluations contain the name of the faculty evaluator and the evaluations are available for resident review immediately after submission.
- **Comprehensive.** The evaluation system is structured to provide a broad cross-section of faculty perspectives on resident performance, which serves to reinforce fairness.
- **Timely.** Faculty members are asked to submit their evaluations within 2 weeks of completion of the rotation so that residents can incorporate the feedback into their daily practice. To reinforce timeliness, evaluations cannot be submitted more than 30 days after the end of a rotation.
- **Efficient.** The system is streamlined to avoid overburdening faculty and staff with evaluation requests, which we believe results in higher evaluation return rates and a clearer picture of resident performance.

Residents are evaluated by faculty, peers, professional associates and patients.

**Evaluation Timing**
The faculty is assigned a list of residents to evaluate throughout the year and receive evaluation requests through Medhub at the end of each rotation. To maximize evaluation accuracy and fairness, faculty members are required to submit their evaluations within 2 weeks of the rotation’s conclusion. Since added time tends to diminish evaluation validity, evaluations are not accepted beyond one month after the rotation’s conclusion.

Faculty members are not limited to the regularly-scheduled evaluations or their list of assigned residents. They have the option to initiate an evaluation at any time for any resident they have supervised using the on-the-fly MedHub program

**Clinical Evaluations of Resident Performance**

**Faculty-Initiated Evaluations**

- **Milestones Evaluations in Obstetrics, Gynecology or Office Practice.** These are competency-based evaluations using OB/Gyn Milestones.
- **Surgical Skills Evaluations.** Competency-based evaluation of several key procedures (Cesarean section, laparoscopy, hysteroscopy, TLH, TVH, TAH)
- **On-the-Fly Evaluation – an evaluation to quickly note praise or concern about resident performance.**

**Resident Peer Evaluations**

- **Senior Evaluation of Junior Residents on Service:** At the end of the Meriter OB and UWHC Gynecology Oncology rotations, the senior residents complete this evaluation on the performance of junior residents on their service.
Junior Evaluation of Senior Residents on Service: At the end of the Meriter OB and UWHC Gynecology Oncology rotations, junior residents complete an anonymous peer evaluation on the teaching and leadership of the senior resident on the service.

Professional Associate Evaluations
This evaluation is completed by mid-level providers on the Gynecology Oncology staff, nursing staff at the Arboretum Resident Clinic, and the lead ultrasonographer on the Ultrasound rotations. These evaluations provide additional perspectives on resident performance.

Patient Evaluations
Patients at the Arboretum Resident Clinic have an opportunity to complete an evaluation of their resident physician (PGY2-4’s). These evaluations are shared with residents during the Semi-Annual Review.

Exams

CREOG In-Training Exam
Each January, residents take the Council on Resident Education in Obstetrics and Gynecology (CREOG) In-Training Exam. This is a required event, so resident leave is not approved during this time. The CREOG exam lasts several hours and consists of more than 300 multiple choice questions.

Exam results provide an objective measure of a resident’s medical knowledge and the Standard Score Compared to Year (SSCY) compares residents to their peers nationally in the same training year. Research has found a correlation between CREOG scores and success on the ABOG written board exam, so the exam is an important milestone in a resident’s preparation for board certification.

Mock Oral Exams
Mock oral exams are held annually in the spring for PGY4 residents and junior faculty who plan to take oral boards in the near future. The objective of mock orals is for residents and junior faculty to gain a better understanding of the oral board process. In taking the mock orals, participants compile a case list, defend their clinical decision making, and answer oral board style questions. This experience also provides an opportunity for participants to practice maintaining professional composure under the stress of this simulated exam.

Resident Oral Reviews
In the spring, residents (PGY1-2) are tested individually with a case-based oral exam. Each resident training year focuses on a different aspect of our specialty. Residents receive a study guide at the beginning of the year to help in their preparation for the exam.

- Resident Oral Review - Obstetrics, PGY-1 (conducted by PGY3 residents)
- Resident Oral Review - Gynecology, PGY-2 (conducted by PGY4 residents)

Semi-Annual Review
Prior to the Semi-Annual Evaluation Review, the Clinical Competency Committee (CCC) meets to review the progress of each resident. These findings, including decisions on remediation or change in resident status, are reviewed during the Semi-Annual Review in January and July.

During the Semi-Annual Review residents meet individually with the Program Director to review their performance for the previous six months. In preparation for the meeting, residents review their performance evaluations for the prior six months and develop learning goals for the next six months.

Remediation
In selecting residents, the program makes a commitment to fully support the resident’s
development into a competent Ob/Gyn physician. Since individuals arrive with varied backgrounds, aptitudes, and skill sets, it is expected that each resident will travel a unique path in their professional development. Remediation is an educational resource that we provide to residents when they need additional support.

When performance deficits are noted, in most cases residents are able to make necessary corrections on their own. Remediation exists for residents requiring direct, formal educational support from the program. While residents are encouraged to seek support on their own, it is sometimes necessary for the residency program to initiate a remediation program based on clinical evaluations, faculty and staff reports, or CREOG exam results.

The process for remediation typically proceeds as follows:

- Program Director meets with the resident to review evaluations and receive their feedback.
- A preliminary remediation education plan with a timeline and performance benchmarks is developed by the Program Director with the Clinical Competency Committee and/or qualified faculty.
- The education plan is reviewed with the resident. If necessary, a mentor is selected.
- The Program Director monitors resident progress towards meeting benchmarks.
- When remediation goals are met the Program Director documents such in the resident record/and or in the semi-annual evaluation.

Remediation is a process of educational support that is routinely extended to residents in need. However, repeated remediation may indicate a resident’s inability or unwillingness to handle the challenges of residency. This may require moving the resident to probation status. An explanation of this process can be found in the section describing disciplinary action, appeals and grievances.

Evaluation of the Residency Program

Our residency program is committed to continual improvement and we use feedback from a number of sources to guide program improvement efforts. The Program Evaluation Committee (PEC) meets annually to review program performance and submits a written report detailing their findings with regard to resident and graduate performance, faculty performance and program quality. Included in the report is an action plan that addresses important issues highlighted by the committee. The PEC draws upon the following sources to evaluate residency program performance.

Residency Program Performance Dashboard
This document utilizes 27 metrics that track key elements of resident, faculty, and program performance leading to a cumulative program performance score. The color-coded dashboard displays performance across four years and is an important analytical tool for the Education Committee, PEC, and program administration in determining the next best steps in program improvement.

ACGME Annual Program Evaluation
Each year, residents and program faculty complete a program evaluation survey from the ACGME that focuses on crucial areas of program performance.

Evaluation of the Residency Program by Residents and Faculty
In March, faculty and residents complete an anonymous program-developed evaluation of the residency program. This program evaluation is much more detailed than the annual ACGME program survey. Feedback from this survey is highly valued by the program administration.
Residents are encouraged to share concerns and suggestions for program improvement with senior residents on their service, the administrative chief resident, Associate Program Directors and the Program Director. Residents also have the opportunity to share their perspectives on the program during their Semi-Annual Review meetings with the Program Director.

Evaluation of the Program Faculty by Residents
Each year, residents have the opportunity to evaluate each of the program faculty through a program-designed evaluation. These anonymous evaluations are sent via Medhub. Faculty can view the feedback only after three evaluations have been submitted.

Family Planning

Resident training in family planning is emphasized in our program. First and second year residents rotate at Planned Parenthood to participate in counseling and office terminations. Residents gain exposure and experience with contraceptive counseling in multiple ambulatory clinic settings. Residents are trained in placement of intrauterine devices and certified in Nexplanon. Residents are also trained in hysteroscopic and laparoscopic sterilization techniques. For more information, please see the Learning objectives and opt out form.

Rural Training Track

The Rural Training Track is the first in the nation to recruit and train residents interested in practicing rural obstetrics and gynecology. This track is designed to provide meaningful educational training experiences in several rural based community hospitals in Wisconsin.

The rural resident will spend approximately 80% of their training rotations in Madison and 20% of their training will be to rotate through our four rural partnering hospitals. Each rotation lasts 3.5 - 4 weeks, and the first rural rotation will begin at the end of the resident’s 1st training year. While on rural rotation, the resident will travel back to Madison for Thursday morning didactics and attend their continuity clinic in the afternoon. Travel and accommodations will be covered by the department for the resident to be able to stay within the community while on rotation. The rural resident will complete a total of 8 rural rotations upon graduation. The rural sites include: Portage located 49 miles north of Madison at Divine Savior Hospital, a 50-bed facility with two Ob-Gyn’s. Portage is a city of 10,000 located next to the beautiful Wisconsin and Fox Rivers. The second site is Monroe located 45 miles southwest of Madison. Monroe Clinic is a 54-bed hospital with four Ob-Gyn’s. Known as the Swiss cheese capital of the world, Monroe is a city of 10,000. The third rotation is combined with two sites (Waupun & Ripon) that are approximately 20 minutes driving distance between locations. Waupun is located 56 miles northeast of Madison. Residents will train at Waupun Memorial Hospital, a 25-bed facility with one current Ob-Gyn. Coined the City of Sculpture, Waupun is a city of 11,000. Ripon is located 77 miles northeast of Madison. Residents will train at Ripon Medical Center, a 25-bed facility with one Ob-Gyn. Voted one of the Coolest Small Towns in America, Ripon is a city of 8,000 with a small town atmosphere close to larger metropolitan areas.

The resident will gain insight into the life of a rural obstetrician gynecologist, and develop the confidence and skills to have a rurally based practice. Each of the sites are different and will offer the resident a unique perspective that will make for a well-rounded and robust training experience.
Global Health Track

The goal of the global health track is to provide select, self-motivated trainees with the opportunity to incorporate global health education into their residency training. Of the first-year resident class, we will accept one self-motivated applicant to the track where they will be joined by residents and fellows from the Departments of Pediatrics, Family Medicine, Emergency Medicine, and Surgery.

The interdisciplinary global health track will serve to enrich the training experience of residents interested in global health and has the ability to meet the needs of a variety of residents; from those who desire a new perspective on health worldwide to those who plan to have a career focused on global health work. Those enrolled in the global health track will participate in one week per year of protected didactic sessions, small group work, and case-based learning during the PGY1-3 years. Some independent study will be required. They will attend campus seminars and lectures on global health related topics, network with faculty from across the campus, collaborate with colleagues in the US and abroad, and have the ability to focus their scholarly project (required for all residents) on global health related issues. Additionally, they will have the option of participating in either a local or international global health rotation during their elective month as a third-year resident. Enrollment in the global health track is not a requirement for an international global health elective, but is strongly encouraged. As the global health track has the ability to be tailored to the individual interests of the resident, participants in the track should be self-motivated and driven.

Mentoring

Our department has designed a mentoring program that will foster meaningful relationships between the mentor and the mentee. A mentor is an active partner in an ongoing relationship who helps you maximize your potential and achieve your personal and professional goals. The department is committed to providing ample support to the residents in our program, and one way to achieve this goal is through a robust mentoring program. The details of our mentoring program is explained below.

Interns

The intern will be assigned three different mentors. The first of the mentors will be a PGY3 resident based on who you will be on rotation with at the beginning of the academic year. The interns will be sent a survey about themselves to fill out that will help to start a relationship and dialogue with the assigned mentor. The mentoring relationship should have consistent meetings that will be established based on the needs and time of both parties. One of the first year rotations will be at a partnering hospital St. Mary’s, and a St. Mary’s faculty mentor will be paired with the intern. This mentoring relationship will help the mentee become familiar and comfortable during their rotation at St. Mary’s. The third mentor will be a UW faculty research mentor to assist with the resident research project that is required as part of the residency program. The interns will have a chance to learn faculty’s current research before they chose their mentor. The intern mentoring programs will help to provide you with a smooth transition from medical student to resident.
The PGY2s will be assigned a UW faculty mentor. A survey will be filled out at the end of their intern year and to provide five faculty members that they would like as their mentor. We will do our best to match the mentor pairs based on the mentees top faculty choice combined with similar personal and professional interests. Once a mentee is assigned, the mentor will schedule a meeting at the beginning of the academic year. Mentoring relationship should have consistent meetings that will be established based on the needs and time of both parties. The UW faculty mentor will be assigned to the same resident throughout their training until graduation. In addition, a St. Mary's nocturnist will be assigned as your mentor during PGY2 year.

Policies and Procedures

Professionalism and Personal Conduct Policy

Professionalism is demonstrated as a sense of responsibility and professional attitude, timely completion of documentation and program requirements, integrity and respect for self and others.

Residents are expected to demonstrate professionalism by adhering to the following expectations. The residency program will assist each resident in meeting these goals, however, it is ultimately the resident’s responsibility to comply with these policies, with or without prompting from the residency administrative personnel.

Attendance
Thursday conferences occur for the benefit of resident education. Residents are excused from routine clinical activities at all three hospitals during M&M, Grand Rounds, and Thursday University. Therefore, absences from these conferences will be excused only for illness, vacations, out of town rotations, coverage of high acuity emergency cases, or resident continuity clinic patient care. Residents need permission from the PD or APD for any other absences. A minimum of 80% attendance is required each PGY year.

Arrival at core conferences is expected to be prompt. A sign-in sheet will be available at M & M. The resident is expected to sign in for M & M and Grand Rounds.

Case logs
The ACGME Resident Case Log is an online system that allows residents to keep an electronic record of their clinical experience. These clinical statistics are required by the Accreditation Council for Graduate Medical Education (ACGME) and they will be an important document for you when you apply for hospital credentialing after graduation.

Each resident is responsible for keeping an accurate, up-to-date record of their clinical experience. Instructions for entering cases are available online. Also, consult your fellow residents when “stats” questions arise, to ensure that you gain full credit for your clinical experience. Residents should keep their case log updated on a continuous basis. The Residency Program Coordinator will be monitoring the Case Log system to ensure timely record keeping.

Residents are expected to log cases by Wednesday night. Cases will be downloaded from the ACGME website on Thursday morning. The case list is sent to Dr. Rice who selects which cases will be discussed the following week. The list of cases for discussion to residents & faculty is emailed by Friday morning.
If cases are not appropriately logged on a weekly basis, the resident’s name will be listed (in red) on the weekly completed M&M list distributed department-wide.

The ACGME Residency Review Committee for Obstetrics and Gynecology has set minimum numbers for the key procedural skills that trainees must master prior to graduation. There are times when the Program Director may need to reassign surgical cases to ensure that residents meet the minimum requirement for a given procedure.

**Evaluations**

Residents are expected to complete departmental evaluations throughout the year in a timely fashion. This includes evaluations of faculty, the residency program, peer residents, and medical students.

Email notifications with a deadline will be sent throughout the academic year by the residency or medical student education administrative staff. Residents are expected to complete the required evaluation(s) by this said deadline.

**GME annual curriculum and ACGME surveys**

Residents are expected to complete all GME modules, including but not limited to Business of Medicine, Sleep Alertness, and Fatigue Education in Residency (SAFER) Curriculum, Safety and Infection control, Quality Improvement modules, and all required ACGME requests, i.e. Resident Survey.

**Medical Records**

Residents are expected to maintain all appropriate and reasonable medical records in a timely fashion. A resident who is identified as having delinquent medical records (any record considered delinquent by hospital bylaws) will be notified and given five (5) days to report to the hospital to complete the records.

**ACOG Junior Fellowship**

The department sponsors each of its residents as a junior fellow of the American College of Obstetrics and Gynecology. Please obtain the application form from the program coordinator. The department pays both the application fee and annual dues during your residency. With Junior Fellowship comes a subscription to Obstetrics & Gynecology (The Green Journal).

**Book/Educational Fund Policy**

Each resident is supplied with an electronic or print version of Williams Obstetrics and Williams Gynecology. In addition, each resident has an Educational fund to spend on printed or electronic educational materials any time during residency. On-line access to multiple medical textbooks and other medical publications is available through Ebling library access via UConnect.

The purpose of the Resident Book/Educational Fund Policy is to provide guidelines about the period in which a resident should use their funds and to define what items a resident may obtain with these funds.

The purpose of the Book/Educational Funds was originally to assist residents with the cost of textbooks for use while in residency and during preparation for Board Examinations. Over the years, "learning materials" has evolved from simply books and journals to software and other online sources of information. Because "learning materials" has grown to encompass so much more,
we believe it is necessary to be more specific about the definition of the term and to provide limits on acceptable items that may be obtained from the Book/Educational fund.

**Acceptable Purchased or Reimbursed Items**

- Books, journals, and other Ob/Gyn related periodicals
- Membership to professional organizations
- Academic related software
- Computers, laptops, and electronic devices
- Medical License fees
- Conference travel

Residents should order textbooks through the Residency Program Manager. We get a discount from the University Bookstore, and do not pay tax on those purchases. Other items may be purchased by the resident and reimbursement requested.

**Period of Fund Use**

- The purchase of books, journals, other periodicals and software must be completed by June 1 of the PGY4 year.
- Computers, laptops, and electronic devices must be purchased before the beginning of the PG-4 year. Reimbursement requests should be submitted within one month of purchase.

Property purchased or reimbursed remains the property of the department for its useful life, as determined by the department.

**Board Review Course Policy**

- Residents will be granted up to five (5) days in the PGY-4 year to attend a board study course, scheduling permitting.
- The PGY-4 residents must submit their requests for course attendance to the chief resident at the same time that vacation requests are solicited.
- To facilitate scheduling and coverage issues, no more than two PGY-4 residents may be absent at the same time.
- As long as the resident is not in remediation, warning, or probationary status, the resident may attend a board study course and use conference funds if available. If the resident no longer has conference funds available, the resident will be responsible for the entire cost of the course.

Five Thursday University slots will be designated for PGY-4 board study preparation. One each in March, April and May and two in June. Specific days subject to annual Thursday University scheduling.

**Conferences**

- During years two through four of residency, each resident may be awarded one outside meeting. Approved meetings will be paid up to a maximum of $1200.
- As long as the resident is not in remediation, warning, or probationary status, the resident may attend a conference or board review course and use conference funds, if available.
- In addition to the meeting referred to above, with approval of the Program Director, residents may be reimbursed for travel expenses up to a maximum of $1200 to a meeting where a paper or
poster is presented during any of the four years of training. These expenses are covered by the
department and will not count towards the resident conference fund.
• A travel approval form must be completed and submitted at least 30 days prior to the absence.

**Time off Policies**

**Absences**
The American Board of Obstetrics and Gynecology (ABOG) has determined that absences of more
than eight weeks in any of the four years of training or absences totaling more than 20 weeks
require an extension of the training period by the amount of time in excess of the above listed
limits. The additional training must be completed by September 30 to receive permission to take
the written examination of The American Board of Obstetrics and Gynecology (ABOG) in June of
PGY-4. Absences include vacations, sick leave, jury duty, maternity or paternity leave, time off for
fellowship or job interviews. Attendance at scientific meetings or postgraduate courses approved
by the Program Director are not considered an absence in this context.

**Time Off Policy**
This policy is intended to supplement the University of Wisconsin Hospitals and Clinics’ Time Off
policy by providing program-specific policies and procedures. In addition to the policy and
procedure outlined herein, the resident is responsible for reviewing, understanding, and abiding by
the policy and procedure outlined in the institutional Time Off policy, ACGME Residency Review
Committee requirements, the American Board of Obstetrics and Gynecology (ABOG) requirements,
and the departmental Resident Manual. If a discrepancy is noted, the strictest policy will take
precedence. This policy applies to all leave, paid or unpaid.

- Institutional policies can be located in MedHub (from homepage, GME Resources > Policies).
- ABOG policies can be located at the ABOG website:
  https://www.abog.org/new/default.aspx
  From homepage, Publications > Obstetrics and Gynecology > Qualifying Examination.
- Departmental policies and procedures can be located in the Resident Manual posted in
  MedHub.

**Types of Leave:**
Details of all types of leave (e.g., sick, conference, interview, etc.) are outlined in the institution’s
Time Off policy. Unused leave cannot be used to reduce the total required training period.

**Procedure to Request a Planned Leave:**
With the exception of unplanned leave (e.g., sick, bereavement) or emergency situations, leave
requests for professional conferences, interviews, required exams/courses, family leaves, or
medical leaves must be approved and submitted to the program at least 30 days prior to first leave
date. No leave documentation is required for vacation weeks.

Residents should complete and submit a departmental Absence Request Form found in MedHub
(see attached). The resident is responsible for discussing and obtaining necessary approvals from
the Chief Residents, Chief of Service, Faculty Rotation Supervisor, the Program Director, and the
Resident Continuity Clinic Director (if applicable).

When Arboretum Continuity Clinic is affected: Clinic cancellations should be avoided once patients
are scheduled. Cancellation requests should be submitted as soon as the need arises in order to
minimize the number of appointment changes.

In addition to the departmental Absence Request form, the GME Leave of Absence (LOA) Request
Form is required for family and medical leaves. This form is obtainable via MedHub (listed on
homepage within “Graduate Medical Education – Portal Channel”). Due to the complexity of family/medical leave, the Program Manager and resident will work in conjunction with the GME office to complete the LOA Request Form and enter the leave request in MedHub.

All documentation must be submitted to the Residency Program Manager for review.

Following initial program approval, the Program Manager will enter the leave request into MedHub. The GME office will subsequently review the leave request. The GME office may reject leave requests after initial program approval. Leave requests may be rejected for various reasons. The GME office will email reason for rejection to the Program Manager, and the Program Manager will relay this information to the resident. If the leave is approved, the Program Manager will email the resident.

Residents should be aware that any leave time taken may extend the length of time required to complete residency training. ABOG allows up to 8 weeks of leave in each PGY level, including all paid and unpaid leave, without extending training time.

Procedure to Request an Unplanned Leave: (e.g., sick leave, bereavement)
There are circumstances in which residents may be unable to attend work, including by not limited to: fatigue, illness, and family emergencies. In these circumstances, residents will not receive negative consequences and should follow the procedure for unplanned leave outlined below.

1. Alert Chief Residents and Chief of Service as soon as possible so that coverage can be arranged.
2. Notify the Program Director and Associate Program Directors to help coordinate coverage.
3. If you will be missing continuity clinic, you should contact the Arboretum chief and Resident Continuity Clinic Director first thing in the morning.
4. Email the Program Manager to enter the leave request in MedHub or to assist in notifying supervisor(s).

Phone: As soon as you suspect that you may be unable to work, let the appropriate senior residents know. Refer to the “Sick Call Contacts by Service” document (i.e., If you are sick at 10.00 pm, make a phone call). Be considerate; please do not call after 11 PM or before 5 AM. However, on a team service, it would be helpful to let the nightfloat person know during those hours.

National Rules
See above “Absences” section

Resident Retreat
Leave is granted for the Summer retreat in conjunction with the WI ACOG conference and Winter retreat in February.

Vacation
Vacation scheduling rules and regulations are distributed each year by the Chief Resident. Some highlights are as follows:

Residents are entitled to a total of 15 weekdays and up to 6 weekend days of vacation per year.
No vacations during night float.
No vacations during the first week of a team rotation (MH OB, ONC).
No more than one resident off any service/team at a time (may make exception for intern).
No more than one vacation on any service throughout the year.
No vacation during the dates of the CREOG in-training examination.
**Travel Reimbursement**

- Prior to traveling, please see Program Manager for a checklist of items needed for reimbursement.

**Sick Call Contacts by Service**

As soon as you suspect that you may be unable to work, let the appropriate senior residents know. (i.e.- If you are sick at 10 PM, call). Be considerate; please do not call after 11 PM or before 5 AM. However, on a team service, it would be helpful to let the nightfloat person know during those hours.

Whenever you will miss work for any reason, you should email the program manager, Maria Katsoulidis, katsoulidis@wisc.edu, and the chief resident(s). If you will be missing continuity clinic, you should contact the Arboretum chief first thing in the morning.

<table>
<thead>
<tr>
<th>Sites</th>
<th>Service</th>
<th>Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>Any hospital</td>
<td>Weekend Call</td>
<td>Call chief resident. Residents will be called based on existing call schedule and potential availability (call-free residents first.)</td>
</tr>
</tbody>
</table>
| Meriter OB    | Junior Days      | 1) Call chief residents and OB R4 (or whoever is covering if on vacation)  
|               |                  | 2) During the week, low risk OB coverage will be by single intern with senior residents helping to ensure adequate coverage  
|               |                  | 3) If the other junior resident is on vacation (or off that day), OB R4 to page GYN team (1313) to see if R1 is available. |
| Meriter OB    | Junior Night     | Call chief residents and OB R4 as soon as possible. Order of coverage based on availability will be: Float, Clinics 2, OR REI 2 (depending on float availability and day of the week.) |
|               | Float            |                                                                                  |
| Meriter OB    | Senior Days      | 1) If OB R4 is sick, call chief residents and OB R2 to notify, and float (if possibly available.) If it is a Monday, RCC for R2 will be covered by RCC chief for all patients that cannot be rescheduled.  
|               |                  | 2) If OB R2 is sick, call OB R4 to notify. If it is a Wednesday, RCC for R4 will be covered by RCC chief for all patients that cannot be rescheduled.  
|               |                  | 3) If you are unable to contact the other senior on service or have other coverage concerns, call chief resident. Order of coverage based on availability will be: Float, GYN 3/2, Clinics or REI 2 (depending on float availability and day of the week.) |
| Meriter OB    | Senior Night     | Call chief residents and OB R4 as soon as possible. Float will cover if available, otherwise R4 or R2 on service OR RCC 4 will cover night and take the following day off postcall. |
|               | Float            |                                                                                  |
| Meriter GYN   | R1, R2, R3       | Call chief residents and GYN R4 (or whoever is covering if on vacation). If major surgeries will go uncovered, every attempt will be made to find coverage in the following order: Float, RCC chief, OB team. |

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<table>
<thead>
<tr>
<th>Location</th>
<th>Service</th>
<th>Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meriter GYN</td>
<td>R4</td>
<td>Call chief residents and OB R3/R2 to notify. If major surgeries will go uncovered, call float.</td>
</tr>
<tr>
<td>St. Mary's Hospital</td>
<td>OB/GYN</td>
<td>Call chief residents and float if available. Order of coverage based on availability will be: Float, MH GYN resident if can be spared, REI 2, Clinics 2, or RCC chief. Notify NF resident of potential for delayed sign-out.</td>
</tr>
<tr>
<td>St. Mary's Hospital</td>
<td>Night Float</td>
<td>Call Chief resident. If available, float will cover. If unavailable, consider services that could be absent the next day postcall: REI 2, Clinics 2, RCC chief, ONC 2, or Urogyn. Notify SM OB resident of potential for delayed sign-out.</td>
</tr>
<tr>
<td>UW</td>
<td>Onc R1, R2</td>
<td>Call chief residents and ONC R3. No additional coverage for the day, service will function as only two residents. If the other junior resident is on vacation, float is first call. Second call would be Clinics 1.</td>
</tr>
<tr>
<td>UW</td>
<td>Onc R3</td>
<td>Call Chief resident. If available, float will cover. If unavailable, RCC chief will cover.</td>
</tr>
<tr>
<td>UW</td>
<td>Night Float</td>
<td>Call chief residents and ONC R3. R2 will likely take 24 hour, and would have to leave post call if up all night.</td>
</tr>
<tr>
<td>Meriter GYN</td>
<td>Consult</td>
<td>Call the chief residents and MH GYN PGY4. The MH GYN PGY4 will cover the consult pager and clinic will go uncovered. Urogyn, MIGS residents will be next to cover consults if needed. If have RCC that day, contact RCC chief.</td>
</tr>
<tr>
<td>Meriter</td>
<td>Urogyn</td>
<td>Call urogynecology attendings to let them know. Will generally go uncovered. If cases to cover at Meriter, call MH GYN PGY4 or GYN C/C resident.</td>
</tr>
<tr>
<td>Clinics</td>
<td>ARB Chief</td>
<td>Call chief residents and clinic to inform staff. Call Float or OB chief to ask for help for high risk clinic and coverage for patient issues.</td>
</tr>
<tr>
<td>Clinics</td>
<td>1/2</td>
<td>Call specific clinic (UHS, PP, or other) to inform staff. Call chief resident to let them know.</td>
</tr>
<tr>
<td>Clinics</td>
<td>REI</td>
<td>Call clinic to inform staff. Call chief residents to let them know. If surgery to cover, call MH GYN PGY4 to arrange</td>
</tr>
<tr>
<td>Clinics</td>
<td>Ultrasound</td>
<td>Call Barb Trampe or Brian Stafeil. Notify chief residents.</td>
</tr>
</tbody>
</table>
Chief or Co-Chief Resident Selection Policy

Scope: There are two available positions, Administrative chief or Educational chief, however one person may assume both roles. Duties include administrative and educational responsibilities that provide some oversight and guidance of junior residents, enhancement of the residency program educational experience and communication between residents, faculty and department administration.

- The chief resident will convene with residents, faculty and administrators within the department as well as those in collaborating departments with respect to mutual needs.
- Act as resident advocate.
- Works closely with Education Chief Resident, Program Director, Education Manager and Program Manager with respect to the residency program needs.
- Interacts with the Department Chair and Division Directors when appropriate.

Selection: Resident must express interest in the PGY3 year. In January or February of each year, all residents vote for one of the PGY3 residents. If there are two clear vote recipients, they will be given the option to co-chief (Administrative chief or Educational chief). The selection of the chief resident(s) must be approval by the Department Division Directors, Program Director and Chair.

Term of Appointment: One year, March 1 of PGY3 year to May 1 of PGY4 year. Transition with new Administrative Chief Resident from March 1 – May 1.

Stipend: Paid by the GME office to be shared between the two Chief Residents.

Supervision/Evaluation of Performance: The residency Program Director will evaluate performance based on the criteria of the job description and will be available for the support of the chief resident in his/her role.

Nondiscrimination

The Department is committed to providing equivalent educational experiences to all its residents, regardless of race, gender, ethnic origin or training level. The Department also recognizes that patients have a choice with respect to their healthcare providers. Therefore, if a patient declines the involvement of a particular resident in her care, the patient will no longer be cared for on the UW Ob-Gyn teaching service. There are no provisions for having another resident of different gender, race, ethnic origin or training level cover the responsibilities of the originally assigned resident, regardless of clinical activity or resident availability, with the exception of an emergency. Questions about clinical care are to be routed directly to the patient's attending.

Attending physicians are encouraged to discuss this policy with their patient, before s/he is admitted to the hospital.
Presentations

Case Presentation

Morbidity and Mortality: Residents present cases chosen by Dr. Rice (or designee) to faculty, residents and medical students at the weekly conference. Residents are expected to have a good understanding of the case, review the pertinent literature and reflect on systems issues that impacted the case. After their presentation, they will answer questions posed by those in attendance. PGY1s will not present during the first 6 months of residency, rather their senior resident will present their cases. In the second 6 months of the PGY1 year, the residents are expected to present cases with the assistance of their senior resident.

Weekly M&M Format

- **Summary Statement** – One-liner describing the case
- **Pertinent History** – Include only history that is relevant to the case at hand (no need to mention full medical, social or family history unless pertinent)
- **Summary of Clinical Management** – Labor course/presentation to the ED/preop evaluation. Specific surgical details (do not mention most parts of the case, only those that are not standard procedure).
- **Outcome** – Post-op course, pathology
- **Discussion** –
  a) What would you do differently, if anything, in the future?
  b) 1-2 key clinical learning points
  c) Systems based issue (if applicable)

Grand Rounds

Sometime during the PGY-4 year, each resident is expected to present the Departmental Grand Rounds. Typically, topics have been clinical, addressing issues of interest or controversy. Also basic research based presentations, or topics dealing with adult education are options (see list of past presentations below). We encourage identification of a faculty mentor for the talk. Presentations should be carefully prepared, be about 45 minutes, and based on an exhaustive review of the current literature. AV materials should be legible. Power point presentations are encouraged. Handouts are optional, but a list of selected references should be available for distribution.

Past presentations:
Obesity: A growing Problem
Intersection of Clinical Trials and Health Disparities
Advocacy in ObGyn
Home Sick: Looking at Health Outcomes in Women Experiencing Homelessness
Reproductive Justice: More than Just Abortion
Reconstructive Pelvic Surgery: It’s a Number’s Game
Moral Agency and the Provision of Contested Reproductive Health Care
Joining Forces: Important Challenges for Patient & Clinician Teams in the 21st Century
Delivering Unexpected News: a Focus on Prenatal Genetic Testing
Preventing Surgical Site Infection after Cesarean Delivery
Beyond Burnout: From Denial to Acceptance Wellness Solutions
Teach: Touch the Future
Closing in on Molecular Pathogenesis of PCOS
The Ethical Debate of Curing the Vesico-Vaginal Fistula: A Historical Perspective
Thinking Beyond the Medical Home: Bridging Primary Specialty and Community Care
Tips for Preparing your Grand Rounds Presentation

• Select a topic or area of interest and a faculty advisor will assist you in pertinent references, and points to be emphasized during the early stages of formulating the talk.
• Prepare visual aids designed to clarify and emphasize critical concepts (see below).
• Conduct an exhaustive review of recent and classical literature regarding the topic.
• Organize your presentation so that a listener will be apprised of significant principles as well as supporting data.
• Emphasize physiological and pathophysiological principles whenever possible.
• Rehearse your presentation.
• Limit the presentation to no more than 45 minutes to allow for adequate discussion.
• No more than one slide per minute should be planned. LESS IS MORE!
• Add a slide with learning objectives to the beginning of the talk and a summary slide to emphasize key points at the end.
• Discuss the prepared presentation with your advisor so he/she will know what material has been selected and can make final suggestions.
• Rehearse the presentation again--reorganize to provide continuity and appropriate emphasis.
• Arrive early enough to have slides and visual aids ready for presentation.
• The program coordinator and administrative assistant are available for assistance with PowerPoint.

Journal Club

Each PGY-2 resident will lead Journal Club sometime during the academic year (Sept – May). Drs. Katie Antony and Ryan Spencer are the faculty supervisors.
Research Projects

Drs. Katie Antony and Ryan Spencer are the Faculty Coordinators for the Resident Research Program (effective, July 1, 2016)

To quote Dr. Grimes/Schulz:

We anticipate that the new Resident Research Requirement “will help you professionally in several ways. If interested in research, you will be able to design and conduct sound epidemiologic studies. You will also be able to read medical literature more critically. You will also be better prepared to have your own work published. By incorporating epidemiologic principles into your clinical practice, you will inevitably become a better physician.”

Overview of Resident Research Requirements for Accreditation Council for Graduate Medical Education (ACGME)

Background

While we aim to meet the needs of a variety of learners, the purpose of this program curriculum is to meet the foundational needs of the residents, including those who are not interested in pursuing academic or research careers. The curriculum provides a foundation for those who wish to do additional research or more complex research projects.

All resident research programs must meet the ACGME program requirements:

IV.B.1. The curriculum must advance residents’ knowledge of the basic principles of research, including how research is conducted, evaluated, explained to patients, and applied to patient care. (CORE)
IV.B.2. Residents should participate in scholarly activity. (CORE)
IV.B.3. The sponsoring institution and program should allocate adequate educational resources to facilitate resident involvement in scholarly activities. (DETAIL)

Residents must demonstrate the ability to appraise and assimilate scientific evidence, and to continuously improve patient care based on constant self-evaluation and life-long learning. (OUTCOME)

Residents are expected to develop skills and habits to be able to meet the following goals:

IV.A.5.c).(4) systematically analyze practice using quality improvement methods, and implement changes with the goal of practice improvement;
IV.A.5.c).(6) locate, appraise, and assimilate evidence from scientific studies related to their patients’ health problems; (OUTCOME)
IV.A.5.c).(7) use information technology to optimize learning

Overview of Resident Scholarly Research Program

We aim to meet the needs of an academically diverse population of residents while fulfilling the basic ACGME program requirements for residency research programs. The purpose of this program is to provide a solid foundation for those who wish to engage in research with greater intensity as well as to provide strong, basic support to meet the needs of residents who may not be interested in pursuing academic or research careers. The program requires that each resident answer a
hypothesis-driven question as their research project, prepare a scientific manuscript based on the research, and present his/her findings at Research Day in October of PGY4.

A. Mission statement:

*To enhance the critical thinking skills of residents as clinicians, and to facilitate scholarly thinking, creativity and excitement in coalescing existing knowledge in women's health leading to better patient care and confidence in interpreting such questions in the future.*

B. 2 faculty roles:

a. **Resident Research Advisor (RRA)** – Works with all residents to develop a clinical question that is then paired with a Research Mentor to guide further investigation and final paper/presentation.

b. **Research Mentors** (selected by resident, with guidance from RRA, as someone with expertise and/or interest in the resident’s selected field of question/research. S/he guides the research project).

C. 4 non-faculty roles:

a. **Clinical Research Manager** – Works with all residents to ensure timeliness of research project deliverables

b. **Regulatory Specialist/ICTR** – Provides advice to residents and answers questions regarding their IRB applications. Note that it is the resident’s responsibility to develop and submit the protocol to the IRB.

c. **Clinical Research Coordinator** – Works with residents whose projects require patient coordination

d. **Statistical Services** – Provides biostatistical or bioinformatics assistance to residents during the research study design

D. Division Directors will present their division’s current and future research projects to residents on a specific Thursday morning meeting dedicated to this topic. Division Directors will list the individuals who are interested and appropriate to serve as Research Mentors. This would be an appropriate time to highlight the department’s R&D funded projects.

E. Research projects should allow the resident to answer a hypothesis-driven question which may include the following opportunities:

- Translational Basic & Clinical Research;
- Quality Improvement Projects;
- Patient-Centered Outcomes Research;
- Sociobehavioral Health Research;
- Dissemination & Implementation Research;
- Clinical & Community Outcomes Research
- Education Research Projects

F. The Resident Research Advisor will work with the Residency Director to develop a core curriculum for the program, and to identify how and when each topic will be delivered.

G. Each research project will have two academic objectives:

a. Scientific presentation in the manner of a scientific meeting to the department during Research Day in October of PGY4, and

b. Development of a quality manuscript capable of submission to a national scientific journal. While not required, residents should consider presenting and/or submitting
their manuscript to a regional, state or national journal including the Wisconsin Medical Society.

H. A strict timeline for each research project will be developed and followed by the resident. A formal research proposal and semi-annual progress reports will be built into this timeline and monitored by the clinical research manager. Formal evaluations will be completed by the Research Mentors (and the Clinical Research Manager) submitted on at least a yearly basis.

I. Journal club meetings will be used to cover key research topics and content based on the program’s core curriculum. Curriculum related to research methods will be added to Thursday lecture series.

**Documents & Guidelines**

I. Resident Research
II. Detailed description of research deliverables and tasks Research Mentor Responsibilities
III. Research Mentor Responsibilities
IV. Guidelines for 3-page Research Proposal in PGY1

**I. Resident Research Timeline**

This timeline is intended to serve as a guide to assure that each resident meets learning and project benchmarks to complete the required research components of their training. Some changes to the timeline may need to be made based on the resident’s selected research, rotation schedule or other issues as needed. It is imperative that all residents focus during their first year on connecting with faculty who will guide them through this process and to develop a specific research project of interest.
II. Detailed Description of Tasks and Deliverables

First Year – PGY1
Residents will utilize this year to identify potential Research Mentors and clinical query ideas, and develop their research study. Descriptions about other key research networks and major studies are also available from the Division Directors. The Resident Research Advisor will help identify potential Research Mentors who connect with resident’s area of interest as well as any potential research desire. If the resident already has ideas about areas of interest for research, this is an ideal time to ask about names of potential Research Mentors with whom to schedule introductory meetings.

For those residents who are having difficulties identifying a mentor and/or developing a research idea, they should arrange additional time to meet with the Resident Research Advisor. These residents should plan to meet at least bimonthly with the Resident Research Advisor.

Fall – PGY1
• Complete HIPAA and human subjects research training
• Attend division director research presentations (August)
• Identify areas of interest for research; meet with division director(s) for more information if necessary; meet with potential mentors
• Meet with Resident Research Advisors (October)

Winter – PGY1
• Identify Research Mentor; establish communication plan; discuss authorship of any potential publications
• Develop title and outline of research study- Due December 1
• Meet with biostatistician for input on research design and data collection

Spring – PGY1
• Prepare a 3-page research proposal (including Specific Aims and Research Strategy) and project timeline; submit and present to R&D Committee for approval – Due May 1
• Meet with the Clinical Research Manager and discuss timeline of project

Summer – PGY1
• Present the research plan to the entire faculty during Thursday conference to vet the idea and get further input.
• Develop human subjects protocol and obtain IRB approval or waiver; meet with the Regulatory Specialist as necessary

Second Year - PGY2
Residents should have a formal research strategy early in their second year and be working towards obtaining IRB approval. Residents are expected to continue to make contact with their Research Mentor on a bimonthly basis. The research project is expected to begin no later than Winter PGY2. Throughout this year, residents should continue to lean about different components of research and manuscript preparation through didactics, journal club, grand rounds, ICTR workshops, etc.
Fall – PGY2
• Continue to develop human subjects protocol and obtain IRB approval or waiver; meet with the Regulatory Specialist as necessary

Winter - PGY2
• Begin research project ASAP once IRB approval has been obtained

Spring – PGY2
• Submit 1st written progress report to Research Mentor and Resident Research Advisor for approval and feedback – Due April 1

Third Year – PGY3
The majority of PGY3 will be spent conducting the research project. Residents should wrap up data collection in the spring of PGY3 to ensure sufficient time for analysis. Residents are encouraged to continue to participate in didactics and online tutorials on research methods and fully engage in discussions about research through journal club, grand rounds and with faculty during this year.

Fall – PGY3
• Submit 2nd written progress report to Research Mentor and Resident Research Advisor for approval and feedback – Due October 1

Spring – PGY3
• Submit 3rd written progress report to Research Mentor and Resident Research Advisor for approval and feedback – Due April 1
• Data collection should be completed; Begin data analysis

Summer – PGY3
• Conduct data analysis and prepare research findings

Fourth Year – PGY4
In the early months of PGY4, residents will be summarizing their research findings, preparing and finalizing a scientific manuscript and planning their Research Day presentation. While publication of the manuscript is not required, it is highly encouraged and should be at the level that could be submitted for publication. For the residents who choose to publish their manuscript, they may do so with the assistance of their Research Mentor and any other members of the research team after Research Day.

August 1st
• Submit a draft of research study findings to Research Mentor and Resident Research Advisor for feedback

September 1st
• Submit a draft of the manuscript to Research Mentor and Resident Research Advisor for feedback

October 1st
• Submit rough draft of PPT slides to Research Mentor and Resident Research Advisor.
ONE WEEK Prior to Research Day

- Submit final manuscript to Research Mentor, Research Resident Advisor and Awards Committee. Manuscripts will be due in the week prior to Research Day in order for them to be reviewed by the awards committee in advance of the presentation. Submission of the manuscript is a requirement for presentation. The awards committee will score the resident research projects not only by the quality of the Research Day presentation, but also based on the quality of final manuscript, as well as review of the resident’s process of research (timeliness in meeting deadlines/quality of progress reports, etc.).

Research Day

- Present research study and findings at Research Day!

III. Research Mentor Responsibilities

Research Mentors: Research Mentors are faculty members (from inside and outside of the Department) who are active investigators in the resident’s clinical question of study. The Research Mentor will ideally also be someone with whom the resident has a positive working relationship. The Research Mentor and the resident should meet on a bimonthly basis. The department suggests that Research Mentors take on only one resident per year, given the time demands of the role. The primary responsibilities for the Research Mentor include:

1. Assistance with developing/defining the clinical question
2. Education and connection with resources pertaining to the topic of study
3. Discussion of specific topics including:
   a. Developing a research question to explore in the literature
   b. Analyzing the literature related to project
   c. Presenting research findings (in written, oral and PPT format)
4. Regular oversight regarding progress with project and assistance with any problems as they arise
5. Review and approve progress reports submitted in PGY2 and PGY3
6. Review and provide feedback to study findings, manuscript and scientific presentation
7. Progress evaluations (at least yearly)
8. Assist resident with journal club article preparations in PGY2

IV. Guidelines for 3-page Research Proposal

Required Format

Font: Use an Arial, Helvetica, or Georgia typeface, a black font color, and a font size of 11 points or larger.

Page Margins: Use at least one-half inch (0.5”) margins (top, bottom, left, and right), including continuation pages.

Page Formatting: application should be single sided and single-spaced. Consecutively number pages throughout the application.
Figures, Graphs, Diagrams, Charts, Tables, Figure Legends, and Footnotes: A smaller type size is acceptable, but it must be in black ink, readily legible, and follow the font typeface requirement.

**Required Components and Page Limits # of pages**
- Specific Aims (Include in 3-page Research strategy)
- Research Strategy 3

**Content for Required Components**

- **Specific Aims**: State concisely the goals of the proposed research and summarize the expected outcome(s), including the impact that the results of the proposed research will exert on the research field(s) involved.

List succinctly the specific objectives of the research proposed, e.g., to test a stated hypothesis, create a novel design, solve a specific problem, challenge an existing paradigm or clinical practice, address a critical barrier to progress in the field, or develop new technology. (Include in the 3 page limit with Research Strategy)

- **Research Strategy**: Organize the Research Strategy in the specified order and using the instructions provided below. Start each section with the appropriate section heading—Significance, Innovation, Approach. Cite published experimental details in the Research Strategy section and provide the full reference in the Bibliography and References Cited section.

**Significance**
Explain the importance of the problem or critical barrier to progress in the field that the proposed project addresses.

Explain how the proposed project will improve scientific knowledge, technical capability, and/or clinical practice in one or more broad fields.

Describe how the concepts, methods, technologies, treatments, services, or preventative interventions that drive this field will be changed if the proposed aims are achieved.

**Innovation**
Explain how the application challenges and seeks to shift current research or clinical practice paradigms.

Describe any novel theoretical concepts, approaches or methodologies, instrumentation or intervention(s) to be developed or used, and any advantage over existing methodologies, instrumentation or intervention(s).

Explain any refinements, improvements, or new applications of theoretical concepts, approaches or methodologies, instrumentation or interventions.

**Approach**
Describe the overall strategy, methodology, and analyses to be used to accomplish the specific aims of the project. Include how the data will be collected, analyzed, and interpreted as well as any resource sharing plans as appropriate.
Discuss potential problems, alternative strategies, and benchmarks for success anticipated to achieve the aims.

If the project is in the early stages of development, describe any strategy to establish feasibility, and address the management of any high risk aspects of the proposed work.

Point out any procedures, situations, or materials that may be hazardous to personnel and precautions to be exercised.

**Resident Case Log System**

**Overview and Requirements**

The Accreditation Council for Graduate Medical Education (ACGME) Resident Case Log is an online system that allows residents to keep an electronic record of their clinical experience, and utilizes Common Procedural Terminology (CPT) codes. These clinical statistics are required by the ACGME and are part of the information considered for program accreditation. They will be an important document for you when you apply for hospital credentialing after graduation.

Graduating resident procedure case logs are reported side-by-side with the newly established minimum thresholds for obstetrics and gynecology residency education. The new minimums will reflect the lowest acceptable clinical volume of procedures performed per resident for program accreditation. A program will be considered in compliance if each resident in the program achieves the minimum number of procedures for each listed procedure or category.

Be assured that reporting of surgical education does not end once minimum numbers are achieved by a resident—these numbers do not constitute a final target number, but rather reflect what the ACGME believes is merely an acceptable minimal exposure during residency. Residents should continue to enter all surgical activity during their educational programs, even if they have personally achieved these minimum numbers.

Achievement of the minimum numbers of listed procedures does not signify achievement of an individual resident's competence in a particular listed procedure. In most cases, a resident will need to perform an additional number of the listed procedures before he or she is deemed competent in each procedure by the program director. Moreover, the listed procedures represent only a fraction of the total operative experience expected of a resident within the designated program length.

Each resident is responsible for keeping an accurate, up-to-date record of their clinical experience. Instructions for entering cases are available online. Also, consult your fellow residents when "stats" questions arise, to ensure that you gain full credit for your clinical experience.

Residents should keep their case log updated on a continuous basis, and are expected to log cases by Wednesday night. Cases will be downloaded from the ACGME website on Thursday morning. The case list is sent to Dr. Rice who selects which cases will be discussed the following week. The list of cases for discussion to residents & faculty is emailed by Friday morning.

If cases are not appropriately logged on a weekly basis, the resident's name will be listed (in red) on the weekly completed M&M list distributed department-wide.
The Residency Program will be monitoring the Case Log system to ensure timely record keeping. If you have questions regarding the Case Log system, contact the Education Office.

**Minimum Thresholds in Obstetrics and Gynecology**

<table>
<thead>
<tr>
<th>Category</th>
<th>Minimum</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spontaneous vaginal delivery</td>
<td>200</td>
</tr>
<tr>
<td>Cesarean delivery</td>
<td>145</td>
</tr>
<tr>
<td>Operative vaginal delivery</td>
<td>15</td>
</tr>
<tr>
<td>Obstetric ultrasound**</td>
<td>50</td>
</tr>
<tr>
<td>Abdominal hysterectomy</td>
<td>15</td>
</tr>
<tr>
<td>Vaginal hysterectomy</td>
<td>15</td>
</tr>
<tr>
<td>Laparoscopic hysterectomy</td>
<td>15</td>
</tr>
<tr>
<td>Incontinence and pelvic floor procedures (excluding cystoscopy)</td>
<td>25</td>
</tr>
<tr>
<td>Cystoscopy</td>
<td>10</td>
</tr>
<tr>
<td>Laparoscopy</td>
<td>60</td>
</tr>
<tr>
<td>Hysteroscopy</td>
<td>40</td>
</tr>
<tr>
<td>Abortions</td>
<td>20</td>
</tr>
<tr>
<td>Transvaginal ultrasound</td>
<td>50</td>
</tr>
<tr>
<td>Surgery for invasive cancer</td>
<td>25</td>
</tr>
</tbody>
</table>

**Obstetric ultrasounds include fetal biometry performed at over 14 weeks’ gestation**

**Acceptable Case List Abbreviations**

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>A&amp;P</td>
<td>Repair anterior and posterior colporrhaphy</td>
</tr>
<tr>
<td>AB</td>
<td>Abortion</td>
</tr>
<tr>
<td>AIDS</td>
<td>Acquired immune deficiency syndrome</td>
</tr>
<tr>
<td>BSO</td>
<td>Bilateral salpingo-oophorectomy</td>
</tr>
<tr>
<td>CD</td>
<td>Cesarean Delivery</td>
</tr>
<tr>
<td>cm</td>
<td>Centimeter</td>
</tr>
<tr>
<td>D&amp;C</td>
<td>Dilation and curettage</td>
</tr>
<tr>
<td>D&amp;E</td>
<td>Dilation and evacuation</td>
</tr>
<tr>
<td>DHEAS</td>
<td>Dihydroepiandrostosterone sulfate</td>
</tr>
<tr>
<td>E</td>
<td>Estrogen</td>
</tr>
<tr>
<td>E2</td>
<td>Estradiol</td>
</tr>
<tr>
<td>FSH</td>
<td>Follicle stimulating hormone</td>
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<tr>
<td>gm</td>
<td>Grams</td>
</tr>
<tr>
<td>HIV</td>
<td>Human immunodeficiency virus</td>
</tr>
<tr>
<td>HCG</td>
<td>Human chorionic gonadotropin</td>
</tr>
<tr>
<td>HPV</td>
<td>Human Papillomavirus</td>
</tr>
<tr>
<td>HRT</td>
<td>Hormone replacement therapy</td>
</tr>
<tr>
<td>IUD</td>
<td>Intrauterine device</td>
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<tr>
<td>kg</td>
<td>Kilogram</td>
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<tr>
<td>LH</td>
<td>Luteinizing hormone</td>
</tr>
<tr>
<td>P</td>
<td>Progesterone</td>
</tr>
<tr>
<td>PAP</td>
<td>Papanicolaous smear</td>
</tr>
<tr>
<td>PROM</td>
<td>Premature rupture of membranes</td>
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<tr>
<td>T</td>
<td>Testosterone</td>
</tr>
<tr>
<td>TAH</td>
<td>Total abdominal hysterectomy</td>
</tr>
<tr>
<td>TSH</td>
<td>Thyroid stimulating hormone</td>
</tr>
<tr>
<td>TVH</td>
<td>Total vaginal hysterectomy</td>
</tr>
<tr>
<td>VBAC</td>
<td>Vaginal birth after cesarean</td>
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</tbody>
</table>
Resident Continuity Clinic

The Resident Continuity Clinic is housed in a new facility, UW Health Arboretum Obstetrics & Gynecology at 1102 South Park Street. At the PGY2-PGY4 training levels, each resident has one half day each week in the Resident Continuity outpatient clinic. The resident clinics are designed to function with a great deal of autonomy. Ob-Gyn generalist faculty members are available on site for staffing and consultation.

The PGY-1 residents are assigned to a centering prenatal group and will be excused from their clinical service to attend the group visits. CenteringPregnancy is an innovative, evidence-based model of prenatal care that brings women at similar stages of pregnancy together to learn about topics like nutrition, preparing for labor and delivery, breastfeeding, newborn care and parenting. Group members meet individually with healthcare providers at the beginning of each meeting for routine check-ups, which include blood pressure, weight, belly measurements and heartbeat checks. This group model offers women more time with their healthcare provider than typical prenatal visits along with confidence-building support and friendship of other pregnant women.

As required by the ACGME, each resident must complete a minimum of 120 half-days of residency clinic prior to graduation. Each resident is required to login for each clinic half-day, and your totals are tracked. There is now an easy "Clock-in" feature on the iPad at the clinic checkout desk. Instructions are posted above each computer.

Wellness

Regularly scheduled wellness activities for residents are associated with increased coping skills and decreased feelings of isolation. ACGME common program requirements regarding resident well-being were recently added, and the department has added the following to the curriculum:

A. Resident Mentoring Programs
   - PGY1’s are assigned PGY3 resident mentors at orientation
   - PGY1’s are paired with faculty research mentors during the year
   - Residents are assigned St. Mary’s faculty mentors at STM orientation
   - PGY’1’s choose UW faculty mentors in the spring of PGY1 based on career interests

B. Social events
   - Welcome social events during orientation
   - Team dinners
   - Attending dinners
   - Holiday party, Graduation

C. Resident retreats
   - Summer retreat in conjunction with WI ACOG
   - Winter retreat & wellness week in February

D. Wellness and professionalism series

Wellness & Professionalism topics will be added to the Thursday University calendar such as nutrition, exercise, sleep hygiene, physician burnout, work life balance, emotional intelligence, learning styles, impaired physicians, building empathy, diversity, working in teams, communication
skills, cultural humility, social media, medical liability, reflective learning in practice, bad outcomes, breaking bad news.

E. Designated appointment time for health care needs

Every 5th Thursday 9:00-12:00 will be designated for appointment time in the academic calendar so that residents can plan ahead for medical and dental appointments.

F. Residents will participate in 2018-2019 as a pilot site for the national Council on Resident Education in Obstetrics and Gynecology (CREOG) wellness series. This is a 6 part wellness series throughout the academic year. Six sessions that introduce the subject of wellness. Each will include research background, a few powerpoint slides opening the discussion and workshop-style activities around each of these themes. An assessment will be performed in sessions #1 and #6. The workshops will be designed to run for 50 minutes each and to be given over the course of a single year, approximately every 2 months in the training curriculum.

1. Introduction to wellness
2. Empathy and gratitude
3. Increasing resilience
4. Time management, managing priorities
5. Dealing with difficult events
6. Mission, values, culture
The Obstetrics and Gynecology Milestone Project

A Joint Initiative of
The Accreditation Council for Graduate Medical Education,
The American Board of Obstetrics and Gynecology,
and
The American College of Obstetrics and Gynecology

September 2013
The Obstetrics and Gynecology Milestone Project

The Milestones are designed only for use in evaluation of resident physicians in the context of their participation in ACGME-accredited residency or fellowship programs. The Milestones provide a framework for the assessment of the development of the resident physician in key dimensions of the elements of physician competency in a specialty or subspecialty. They neither represent the entirety of the dimensions of the six domains of physician competency, nor are they designed to be relevant in any other context.
Obstetrics and Gynecology Milestones

Chair: Jessica Bienstock, MD, MPH

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AnnaMarie Connolly, MD
Laura Edgar, EdD, CAE
Gary N. Frishman, MD
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*Acknowledgements. The authors, all of whom participated in milestone development as members of the Obstetrics and Gynecology Milestone Working Group, wish to thank the members of the original Obstetrics and Gynecology Working Group for their contributions to this work: Haywood L. Brown, MD; Tamara T. Chao, MD; Missy Fleming, PhD; Diane Hartmann, MD; Frank Ling, MD; Krista Reagan, MD; Jeffrey M. Rothenberg, MD; Andrew Satin, MD; Howard Shaw, MD; David Soper, MD; Ronald C. Strickler, MD; Susan Swing, PhD.
Milestone Reporting

This document presents milestones designed for programs to use in semi-annual review of resident performance and reporting to the ACGME. Milestones are knowledge, skills, attitudes, and other attributes for each of the ACGME competencies organized in a developmental framework from less to more advanced. They are descriptors and targets for resident performance as a resident moves from entry into residency through graduation. In the initial years of implementation, the Review Committee will examine milestone performance data for each program’s residents as one element in the Next Accreditation System (NAS) to determine whether residents overall are progressing.

For each period, review and reporting will involve selecting milestone levels that best describe each resident’s current performance and attributes. Milestones are arranged into numbered levels. Tracking from Level 1 to Level 5 is synonymous with moving from novice to expert. These levels do not correspond with post-graduate year of education.

Selection of a level implies that the resident substantially demonstrates the milestones in that level, as well as those in lower levels (see the diagram on page v).

**Level 1:** The resident demonstrates milestones expected of an incoming resident.

**Level 2:** The resident is advancing and demonstrates additional milestones, but is not yet performing at a mid-residency level.

**Level 3:** The resident continues to advance and demonstrate additional milestones, consistently including the majority of milestones targeted for residency.

**Level 4:** The resident has advanced so that he or she now substantially demonstrates the milestones targeted for residency. This level is designed as the graduation target.

**Level 5:** The resident has advanced beyond performance targets set for residency and is demonstrating “aspirational” goals which might describe the performance of someone who has been in practice for several years. It is expected that only a few exceptional residents will reach this level.


Additional Notes

Level 4 is designed as the graduation target but does not represent a graduation requirement. Making decisions about readiness for graduation is the purview of the residency program director. Study of milestone performance data will be required before the ACGME and its partners will be able to determine whether milestones in the first four levels appropriately represent the developmental framework, and whether milestone data are of sufficient quality to be used for high-stakes decisions.

Examples are provided with some milestones. Please note that the examples are not the required element or outcome; they are provided as a way to share the intent of the element.

Some milestone descriptions include statements about performing independently. These activities must occur in conformity to the ACGME supervision guidelines, as well as institutional and program policies. For example, a resident who performs a procedure independently must, at a minimum, be supervised through oversight.

Answers to Frequently Asked Questions about the NAS and milestones are available on the ACGME’s NAS microsite:
http://www.acgme-nas.org/assets/pdf/NASFAQs.pdf.
The diagram below presents an example set of milestones for one sub-competency in the same format as the milestone report worksheet. For each reporting period, a resident’s performance on the milestones for each sub-competency will be indicated by:

- selecting the level of milestones that best describes that resident’s performance in relation to the milestones
- for Patient Care and Medical Knowledge milestones, selecting the option that says the resident has “Not yet rotated”
- for Interpersonal and Communication Skills, Practice-based Learning and Improvement, Professionalism, and Systems-based Practice, selecting the option that says the resident has “Not yet achieved Level 1”

Selecting a response box in the middle of a level implies that milestones in that level and in lower levels have been substantially demonstrated.

Selecting a response box on the line in between levels indicates that milestones in lower levels have been substantially demonstrated as well as some milestones in the higher level(s).
## Antepartum Care and Complications of Pregnancy — Patient Care

<table>
<thead>
<tr>
<th>Level 1</th>
<th>Level 2</th>
<th>Level 3</th>
<th>Level 4</th>
<th>Level 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Demonstrates basic knowledge of normal antepartum care for women</td>
<td>Provides complete antepartum care for women with uncomplicated pregnancies</td>
<td>Manages common medical complications (e.g., hypertension, diabetes, infectious diseases)</td>
<td>Demonstrates a comprehensive understanding of the varying patterns of presentation and treatment options for a variety of medical and obstetrical complications</td>
<td>Manages patients with complex and atypical medical and obstetrical complications</td>
</tr>
<tr>
<td>common medical complications seen in pregnancy</td>
<td>Recognizes basic risk factors, symptoms, and signs of common medical complications (e.g., hypertension, diabetes, infectious diseases)</td>
<td>Manages common obstetrical complications (e.g., previous Cesarean section, abnormal fetal growth, multifetal gestation)</td>
<td>Recognizes atypical presentations of medical and obstetrical complications; identifies indications for consultation, referral, and/or transfer of care for patients with medical and obstetrical complications</td>
<td>Applies innovative approaches to complex and atypical antepartum conditions and implements treatment plans based on emerging evidence</td>
</tr>
<tr>
<td></td>
<td>Recognizes basic risk factors, symptoms, and signs of common obstetrical conditions (e.g., post-term gestation, abnormal placentation, third trimester bleeding)</td>
<td></td>
<td>Effectively supervises and educates lower level residents in antepartum care</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Collaborates and provides consultation to other members of the health care team in antepartum care</td>
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**Comments:** Not yet rotated
## Care of Patients in the Intrapartum Period — Patient Care

<table>
<thead>
<tr>
<th>Level 1</th>
<th>Level 2</th>
<th>Level 3</th>
<th>Level 4</th>
<th>Level 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Demonstrates basic knowledge of routine/uncomplicated intrapartum obstetrical care including, conduct of normal labor</td>
<td>Provides intrapartum obstetrical care for women with uncomplicated pregnancies (e.g., identification of fetal lie, interpretation of fetal heart rate monitoring, and tocodynamometry)</td>
<td>Manages abnormal labor Manages intrapartum complications (e.g., cord prolapse, placental abruption)</td>
<td>Provides care for women with complex intrapartum complications and conditions Identifies indications for consultation, referral, and/or transfer of care for patients with intrapartum complications</td>
<td>Applies innovative approaches to complex and atypical intrapartum conditions and implements treatment plans based on emerging evidence</td>
</tr>
<tr>
<td></td>
<td>Differentiates between normal and abnormal labor</td>
<td></td>
<td>Effectively supervises and educates lower-level residents in intrapartum care</td>
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<tr>
<td></td>
<td>Recognizes intrapartum complications (e.g., chorioamnionitis, shoulder dystocia)</td>
<td></td>
<td>Collaborates and provides consultation to other members of the health care team in intrapartum care</td>
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</tr>
</tbody>
</table>

**Comments:** Not yet rotated
### Care of Patients in the Postpartum Period — Patient Care

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<tr>
<th>Level 1</th>
<th>Level 2</th>
<th>Level 3</th>
<th>Level 4</th>
<th>Level 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Demonstrates basic knowledge of normal postpartum care</td>
<td>Provides postpartum care for women with uncomplicated pregnancies, including lactation counseling</td>
<td>Manages common postpartum complications</td>
<td>Manages patients with complex complications of the postpartum period (e.g., septic pelvic thrombophlebitis, pulmonary embolism)</td>
<td>Applies innovative approaches to complex and atypical postpartum conditions and implements treatment plans based on emerging evidence</td>
</tr>
<tr>
<td></td>
<td>Recognizes basic risk factors, symptoms, and signs, of common postpartum complications (e.g., postpartum hemorrhage, infection, venous thromboembolism, depression)</td>
<td>Correctly interprets the results of obstetric pathology and laboratory reports to ascertain the etiology of obstetrical outcomes</td>
<td>Determines the need for consultation, referral, or transfer for patients with complex complications in the postpartum period</td>
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<td></td>
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<td></td>
<td>Counsels patients about the risk of recurrence of antepartum, intrapartum, and postpartum complications (e.g., preeclampsia, pre-term delivery, shoulder dystocia, depression)</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Effectively supervises and educates lower-level residents in postpartum care</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Collaborates and provides consultation to other members of the health care team in postpartum care</td>
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**Comments:** Not yet rotated
## Obstetrical Technical Skills — Patient Care

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<tr>
<th>Level 1</th>
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<th>Level 3</th>
<th>Level 4</th>
<th>Level 5</th>
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</thead>
</table>
| Demonstrates basic surgical principles, including use of universal precautions and aseptic technique. Performs basic procedures, including speculum examination and cervical examination. | Performs basic obstetrical skills, including:  
- assessment of cervical dilation  
- spontaneous vaginal delivery  
- ultrasound for assessment of fetal number, lie, presentation, viability, and placental location. | Performs obstetrical procedures, including:  
- ultrasound to obtain fetal biometry  
- biophysical profile  
- repair of second degree perineal or vaginal lacerations  
- primary Cesarean section  
- uterine evacuation in the second trimester (e.g., induction, postpartum curettage). | Educates and supervises lower-level residents in performing obstetrical procedures. Collaborates and provides consultation to other members of the health care team in performing obstetrical procedures. Performs complex obstetrical procedures, including:  
- operative vaginal delivery  
- repair of 3rd- and 4th-degree perineal lacerations  
- repeat Cesarean section  
- cervical cerclage  
- breech vaginal delivery (including second twins)  
- cystotomy repair  
- surgical management of postpartum hemorrhage (e.g., Cesarean hysterectomy, peripartum hysterectomy). Manages and repairs uterine rupture or perforation. | Applies innovative and complex approaches obstetrical care and implements treatment plans based on emerging evidence. |

**Comments:** Not yet rotated
### Immediate Care of the Newborn — Patient Care

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<thead>
<tr>
<th>Level 1</th>
<th>Level 2</th>
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<th>Level 4</th>
<th>Level 5</th>
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</thead>
<tbody>
<tr>
<td>Performs initial warming and drying of a non-depressed infant</td>
<td>Demonstrates the performance of Apgar testing</td>
<td>Performs initial resuscitation of a depressed infant</td>
<td>Capable of performing neonatal resuscitation that does not include administration of medications (may be demonstrated by satisfactory completion of the Neonatal Resuscitation Program [NRP] Provider Course [including hands-on skills stations and simulation] and receipt of a Provider Course Completion Card)</td>
<td>Manages both the resuscitation and the team in caring for infants who require resuscitation</td>
</tr>
<tr>
<td></td>
<td>Identifies an infant in need of resuscitation</td>
<td>Alerts appropriate team for assistance</td>
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**Comments:** Not yet rotated
**Gynecology Technical Skills: Laparotomy (e.g., Hysterectomy, Myomectomy, Adnexectomy) — Patient Care**

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<tr>
<th>Level 1</th>
<th>Level 2</th>
<th>Level 3</th>
<th>Level 4</th>
<th>Level 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Demonstrates knowledge of basic abdominal and pelvic anatomy</td>
<td>Works effectively as a surgical assistant</td>
<td>Demonstrates appropriate tissue handling, request for instruments, and flow of the procedure</td>
<td>Independently performs gynecologic procedures</td>
<td>Applies innovative and complex approaches to laparotomy and implements treatment plans based on emerging evidence</td>
</tr>
<tr>
<td>Demonstrates basic surgical principles, including use of universal precautions and aseptic technique</td>
<td>Performs simple abdominal incision and closure</td>
<td>Understands and uses various forms of energy sources used in surgery</td>
<td>Demonstrates good intra-operative decision making, including the ability to modify a surgical plan based on operative findings</td>
<td></td>
</tr>
<tr>
<td>Positions patient appropriately for surgery</td>
<td>Demonstrates basic surgical skills, including:</td>
<td>Performs uncomplicated gynecologic procedures</td>
<td>Demonstrates the ability to recognize and manage surgical complications, including the appropriate use of intra-operative consultation</td>
<td></td>
</tr>
<tr>
<td>knot tying</td>
<td>suture and staple removal</td>
<td>Recognizes surgical complications and formulates an initial management plan</td>
<td>Applies an evidence-based approach to the adoption of new technologies</td>
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<tr>
<td>simple suturing</td>
<td></td>
<td></td>
<td>Effectively supervises and educates lower-level residents regarding laparotomy</td>
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<td></td>
<td>Collaborates and provides consultation to other members of the health care team regarding laparotomy</td>
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<th>Level 4</th>
<th>Level 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Demonstrates knowledge of basic pelvic anatomy</td>
<td>Works effectively as a surgical assistant</td>
<td>Displays appropriate tissue handling, request for instruments, and flow of the procedure</td>
<td>Independently performs vaginal procedures</td>
<td>Applies innovative and complex approaches to vaginal surgery and implements treatment plans based on emerging evidence</td>
</tr>
<tr>
<td>Demonstrates basic surgical principles, including use of universal precautions and aseptic technique</td>
<td>Performs simple vaginal or vulvar incision and repair</td>
<td>Understands and uses various forms of energy sources used in surgery</td>
<td>Demonstrates good intraoperative decision making, including the ability to modify a surgical plan based on operative findings</td>
<td></td>
</tr>
<tr>
<td>Positions patient appropriately for surgery</td>
<td>Demonstrates basic surgical skills, including: • knot tying • simple suturing</td>
<td>Performs uncomplicated procedures</td>
<td>Recognizes surgical complications and formulates an initial management plan</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Recognizes surgical complications and formulates an initial management plan</td>
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### Gynecology Technical Skills: Endoscopy (Laparoscopy, Hysteroscopy, Cystoscopy) — Patient Care

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<tbody>
<tr>
<td>Demonstrates basic understanding of abdominal and pelvic anatomy</td>
<td>Assembles endoscopic instruments and checks proper functioning</td>
<td>Performs diagnostic procedures</td>
<td>Performs operative endoscopy independently (e.g., hysterectomy, myomectomy)</td>
<td>Applies innovative and complex approaches to endoscopy and implements treatment plans based on emerging evidence</td>
</tr>
<tr>
<td>Demonstrates basic surgical principles, including use of universal precautions and aseptic technique</td>
<td>Performs proper insertion of endoscopic instruments</td>
<td>Performs operative procedures</td>
<td>Demonstrates good intra-operative decision-making, including the ability to modify surgical plan based on operative findings</td>
<td></td>
</tr>
<tr>
<td>Positions patient appropriately for surgery</td>
<td>Demonstrates an understanding of the indications for endoscopy</td>
<td>Displays appropriate tissue handling, request for instruments, and flow of the procedure</td>
<td>Recognizes and manages surgical complications, including the appropriate use of intra-operative consultation</td>
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<td>Uses various forms of energy sources used in surgery</td>
<td>Applies an evidence-based approach to the adoption of new technologies</td>
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<td></td>
<td>Recognizes complications and formulates an initial management plan</td>
<td>Effectively supervises and educates lower-level residents regarding endoscopy</td>
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**Comments:** Not yet rotated
## Peri-operative Care — Medical Knowledge

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</table>
| Demonstrates knowledge of basic abdominal and pelvic anatomy | Demonstrates knowledge of:  
- relevant surgical anatomy  
- common procedural indications  
- comorbidities relevant to gynecologic surgery  
- prophylactic strategies to reduce post-operative complications | Demonstrates knowledge about the management of:  
- medical comorbidities relevant to gynecologic surgery  
- appropriate procedural options for the relevant gynecological condition | Demonstrates advanced knowledge necessary for management of medically complex patients  
- Demonstrates the ability to recognize and manage peri-operative complications  
- Effectively supervises and educates lower-level residents regarding peri-operative care  
- Collaborates and provides consultation to other members of the team regarding peri-operative care  
- Manages or co-manages critically-ill patients requiring care in an intensive care unit | Applies innovative approaches to complex and atypical peri-operative care and implements treatment plans based on emerging evidence |

Comments: Not yet rotated
# Abdominal/Pelvic Pain (Acute and Chronic) — Medical Knowledge

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</thead>
</table>
| Demonstrates a basic understanding of patients presenting with abdominal/pelvic pain regarding:  
  • risk factors  
  • signs and symptoms | Demonstrates the ability to formulate a differential diagnosis  
Demonstrates an understanding of initial:  
  • evaluation  
  • treatment options | Demonstrates the ability to:  
  • utilize focused diagnostic approaches  
  • formulate comprehensive management plans | Demonstrates an in-depth knowledge regarding patients presenting with abdominal and pelvic pain relevant to:  
  • varying patterns of presentation  
  • treatment options  
  • refractory pelvic pain  
Manages patients with complex and atypical chronic pelvic pain  
Demonstrates the ability to formulate comprehensive plans of management for patients with multiple and/or complex comorbidities | Leads a multidisciplinary team for care of patients with chronic pelvic pain  
Applies innovative approaches to complex and atypical abdominal/pelvic pain and implements treatment plans based on emerging evidence |

|   |   |   |   |   |

**Comments:** Not yet rotated □
## Abnormal Uterine Bleeding (Acute and Chronic) — Medical Knowledge

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<tbody>
<tr>
<td>Demonstrates basic knowledge about what constitutes normal and abnormal uterine bleeding</td>
<td>Demonstrates the ability to formulate a differential diagnosis</td>
<td>Demonstrates in-depth knowledge of the physiology of the normal menstrual cycle</td>
<td>Demonstrates an in-depth knowledge regarding patients presenting with abnormal uterine bleeding relevant to:</td>
<td>Applies innovative approaches to complex and atypical abnormal uterine bleeding and implements treatment plans based on emerging evidence</td>
</tr>
<tr>
<td>Verbalizes the phases of the normal menstrual cycle</td>
<td>Demonstrates an understanding of initial:</td>
<td>Demonstrates the ability to:</td>
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<tr>
<td></td>
<td>• evaluation</td>
<td>• utilizing focused diagnostic approaches</td>
<td>• varying patterns of presentation</td>
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<td></td>
<td>• treatment options</td>
<td>• formulate a comprehensive management plan</td>
<td>• comprehensive treatment options</td>
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<td></td>
<td>• refractory bleeding</td>
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<td></td>
<td>Demonstrates the ability to formulate comprehensive management plans for patients with multiple and/or complex comorbidities</td>
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<td>Effectively supervises and educates lower-level residents regarding abnormal bleeding</td>
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<td>Collaborates and provides consultation to other members of the health care team regarding abnormal uterine bleeding</td>
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<th>Pelvic Mass — Medical Knowledge</th>
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| Demonstrates a basic understanding of patients presenting with a pelvic mass, including:  
  - differential diagnosis  
  - signs and symptoms | Demonstrates the ability to formulate a focused differential diagnosis | Demonstrates the ability to:  
  - utilize focused diagnostic approaches  
  - formulate a comprehensive management plan | Demonstrates an in-depth knowledge regarding patients presenting with a pelvic mass relevant to:  
  - varying patterns of presentation  
  - comprehensive treatment options | Applies innovative approaches to complex and atypical pelvic mass and implements treatment plans based on emerging evidence |
| | | | | |

**Comments:**  
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### Pelvic Floor Disorders (Urinary Incontinence, Pelvic Prolapse, Anal Incontinence) — Medical Knowledge

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<tbody>
<tr>
<td>Demonstrates basic knowledge of normal pelvic floor anatomy</td>
<td>Demonstrates knowledge of basic pelvic floor physiology and functional anatomy</td>
<td>Demonstrates knowledge of abnormal pelvic floor anatomy and physiology</td>
<td>For patients with uncomplicated pelvic floor disorders:  - utilizes focused diagnostic approaches  - uses non-surgical and surgical therapies  - formulates comprehensive management plans for patients with comorbidities  - determines the need for consultation, referral, or transfer of patients</td>
<td>Effectively supervises and educates lower-level residents regarding complex and atypical pelvic floor disorders</td>
</tr>
<tr>
<td>Demonstrates a basic understanding of patients presenting with pelvic floor disorders relevant to:  - risk factors  - symptoms  - physical exam findings</td>
<td>Demonstrates an understanding of patients presenting with pelvic floor disorders relevant to:  - evaluation and interpretation of results  - treatment options</td>
<td>Formulates an initial plan of management for patients with uncomplicated pelvic floor disorders</td>
<td>Treats patients with complicated, atypical, or recurrent pelvic floor disorders</td>
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<tr>
<td>Demonstrates the ability to formulate a differential diagnosis</td>
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<td>Applies innovative approaches to complex and atypical pelvic floor disorders and implements treatment plans based on emerging evidence</td>
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## First Trimester Bleeding — Medical Knowledge

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<tr>
<td>Demonstrates basic understanding of normal early pregnancy development, including implantation, early embryology, and placental development</td>
<td>Demonstrates the ability to formulate a differential diagnosis (e.g., ectopic pregnancy, spontaneous abortion, non-obstetric etiologies)</td>
<td>Counsels patients regarding natural history and treatment options Utilizes non-surgical and surgical methods to manage patients with: • ectopic pregnancy • abortion (spontaneous, induced) • other etiologies Demonstrates an understanding of complications related to first trimester bleeding and its management</td>
<td>Manages patients with complications of first trimester bleeding or its management (e.g., hemorrhage, infection) Effectively supervises and educates lower-level residents regarding first trimester bleeding Collaborates and provides consultation to other members of the health care team regarding first trimester bleeding</td>
<td>Applies innovative approaches to complex or atypical first trimester bleeding and implements treatment plans based on emerging evidence</td>
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## Office Practice Milestones

### Family Planning — Patient Care

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<tbody>
<tr>
<td>Verbalizes basic knowledge about common contraceptive options</td>
<td>Demonstrates a basic understanding of the effectiveness, risks, benefits, complications, and contraindications of contraception, including emergency contraception, and pregnancy termination</td>
<td>Counsels on the effectiveness, risks, benefits, and contraindications of available forms of contraception</td>
<td>Formulates comprehensive management plans for patients with medical diseases complicating their use of contraceptive methods</td>
<td>Applies innovative and complex approaches to family planning and implements treatment plans based on emerging evidence</td>
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<td></td>
<td>Counsels on the effectiveness, risks, benefits, and contraindications of male and female sterilization</td>
<td>Manages complications of contraceptive methods and pregnancy termination</td>
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<td>Performs intra-uterine and implantable contraceptive placement</td>
<td>Determines the need for consultation, referral, or transfer of patients with complex complications</td>
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<td>Demonstrates ability to perform basic first trimester uterine evacuation (medical and surgical)</td>
<td>Demonstrates ability to perform basic second trimester uterine evacuation (medical and surgical)</td>
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## Ambulatory Gynecology — Patient Care

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<tbody>
<tr>
<td>Demonstrates basic knowledge about common ambulatory gynecologic problems</td>
<td>Performs the initial assessment, formulates a differential diagnosis, and initiates treatment for common ambulatory gynecologic problems (e.g., sexually transmitted infections, vaginitis)</td>
<td>Formulates management plans and initiates treatment for complex ambulatory gynecologic problems (e.g., cervical dysplasia, infertility, ovulatory disorders, breast disorders)</td>
<td>Effectively cares for patients with complex presentations (e.g., refractory to initial management, unusual presentations, complications)</td>
<td>Applies innovative approaches to complex and atypical ambulatory gynecology and implements treatment plans based on emerging evidence</td>
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<tr>
<td></td>
<td>Performed colposcopy, basic gynecologic ultrasound, and other indicated office procedures</td>
<td></td>
<td>Uses a multi-disciplinary approach and makes appropriate referrals when caring for patients with complex ambulatory gynecologic problems (e.g., sexual dysfunction, menopausal symptoms, vulvovaginal syndromes and lesions)</td>
<td>Understands and applies principles of office management (e.g., billing)</td>
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<td>Leads an inter-professional team, including supervision, education, and coordination of care</td>
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<td>Monitors one’s own outcomes to improve practice</td>
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<tbody>
<tr>
<td>Demonstrates an understanding of common non-reproductive medical disorders</td>
<td>Performs history and physical, forms a differential diagnosis, and evaluates for common non-reproductive medical disorders (e.g., chronic hypertension, obesity, depression)</td>
<td>Interprets test results and screens for related conditions of non-reproductive medical disorders (e.g., metabolic syndrome, BRCA mutation, eating disorders)</td>
<td>Initiates management plans for patients with complex non-reproductive medical disorders (e.g., osteoporosis, metabolic syndrome, BRCA mutation, eating disorders, human immunodeficiency virus [HIV] infection) and provides referrals</td>
<td>Provides on-going, comprehensive care for patients with complex and atypical non-reproductive medical disorders</td>
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<tr>
<td>Demonstrates knowledge of the characteristics of a good screening test</td>
<td>Demonstrates knowledge of evidence-based, age-appropriate guidelines for women’s health maintenance and disease prevention (e.g., breast screening, cervical cancer screening)</td>
<td>Interprets age- and risk-appropriate tests (e.g., bone mineral density, mammogram, lipids, thyroid studies)</td>
<td>Formulates comprehensive management plans for high-risk patients (e.g., vulnerable populations)</td>
<td>Manages patients with highly complex medical diseases for health care maintenance and disease prevention</td>
</tr>
<tr>
<td>Demonstrates knowledge of indications and limitations of commonly used screening tests</td>
<td>Recommends age- and risk-appropriate vaccinations</td>
<td>Develops patient-centered management plans to maintain health and prevent disease</td>
<td>Monitors one’s own outcomes to improve practice</td>
<td>Applies innovative and complex approaches to health care maintenance and disease prevention and implements treatment plans based on emerging evidence</td>
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### Systems-based Practice Milestones

#### Patient Safety and Systems Approach to Medical Errors: Participate in identifying system errors and implementing potential systems solutions — Systems-based Practice

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<tbody>
<tr>
<td>Recognizes limitations and failures of a team approach (e.g., hand-offs, miscommunication) in health care as the leading cause of preventable patient harm</td>
<td>Demonstrates knowledge of institutional surveillance systems to monitor for patient safety (e.g., surgical site infection, medical error reporting)</td>
<td>Participates in patient safety reporting and analyzing systems</td>
<td>Reports errors and near-misses to the institutional surveillance system and superiors</td>
<td>Contributes to peer-reviewed medical literature</td>
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<td></td>
<td>Participates in “time-out”</td>
<td>Participates in team drills</td>
<td>Recognizes when root cause analysis is necessary, and is capable of participating in root cause analysis</td>
<td>Organizes and leads institutional QI/patient safety projects</td>
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<tr>
<td></td>
<td>Appropriately utilizes check lists to promote patient safety (e.g., medication reconciliation)</td>
<td>Demonstrates knowledge of national patient safety standards, as well as their use/application in the institution</td>
<td>Actively participates in quality improvement (QI)/patient safety projects</td>
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<td></td>
<td>Demonstrates knowledge of the epidemiology of medical errors and the differences between near misses, medical errors, and sentinel events</td>
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The Milestones are a product of the Obstetrics and Gynecology Milestone Project, a Joint Initiative of the Accreditation Council for Graduate Medical Education, the American Board of Obstetrics and Gynecology, and the American College of Obstetrics and Gynecology.
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<tbody>
<tr>
<td>Understands the importance of providing cost-effective care</td>
<td>Is aware of common socioeconomic barriers that impact patient care</td>
<td>Demonstrates the incorporation of cost awareness into clinical judgment and decision making</td>
<td>Practices cost-effective care (e.g., formulary drugs, generic drugs, tailoring of diagnostic tests)</td>
<td>Participates in advocacy or health care legislation locally, regionally, or nationally</td>
</tr>
<tr>
<td>Understands the role of physicians in advocating for appropriate women's health care</td>
<td>Demonstrates an awareness of the need for coordination of patient care and patient advocacy</td>
<td>Coordinates and advocates for needed resources to facilitate patient care (e.g., effective discharge planning)</td>
<td>Analyzes patient care options from a quality of life (QOL)/cost-of-care perspective, and includes in patient counseling</td>
<td>Effectively communicates within health care systems to advocate for the needs of patient populations</td>
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<td></td>
<td>Effectively communicates within his or her own hospital/clinic to advocate for patient needs</td>
<td>Demonstrates an understanding of the political economics of health care legislation locally, regionally, and nationally</td>
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**Comments:** Not yet achieved Level 1
### Self-directed Learning/Critical Appraisal of Medical Literature — Practice-based Learning and Improvement

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<tr>
<td>Demonstrates an understanding of critical appraisal of the literature</td>
<td>Identifies resources (e.g., texts, search engines) to answer questions while providing patient care</td>
<td>Applies patient-appropriate use of evidence-based on review articles or guidelines on common topics in practice</td>
<td>Tailors evidence-based practice based on the values and preferences of each patient</td>
<td>Designs a hypothesis-driven or hypothesis-generating study</td>
</tr>
<tr>
<td>Demonstrates responsiveness to constructive feedback</td>
<td>Recognizes limits of knowledge, expertise, and technical skills</td>
<td>Critically reviews and interprets the literature with the ability to identify study aims, hypotheses, design, and biases</td>
<td>Reads and assesses strength of evidence in current literature and applies it to one’s own practice</td>
<td>Contributes to peer-reviewed medical literature</td>
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<tr>
<td></td>
<td>Describes commonly used study designs (e.g., randomized controlled trial [RCT], cohort; case-control, cross-sectional)</td>
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**Comments:** Not yet achieved Level 1
### Quality Improvement Process:
Systematically analyze practice using quality improvement methods and implement changes with the goal of practice improvement — Practice-based Learning and Improvement

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<tbody>
<tr>
<td>Has a commitment to self-evaluation, lifelong learning, and patient safety</td>
<td>Demonstrates understanding of the basic concepts of QI</td>
<td>References and utilizes national standards or guidelines in patient care plans</td>
<td>Participates in departmental or institutional QI process/committees</td>
<td>Analyzes department or institutional outcomes</td>
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<tr>
<td></td>
<td>Reads appropriate information, as assigned by the program or related to patient-specific topics</td>
<td>Identifies quality of care issues within one’s own practice with a systems-based approach</td>
<td>Implements changes with a goal of practice improvement</td>
<td>Contributes to peer-reviewed medical literature</td>
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<td></td>
<td>Understands level of evidence for patient care recommendations</td>
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<td>Organizes and leads effective institutional QI/patient safety projects</td>
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**Comments:** Not yet achieved Level 1
### Professionalism Milestones

**Compassion, Integrity, and Respect for Others**

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<tr>
<td>Understands the importance of compassion, integrity, and respect for others</td>
<td>Consistently shows compassion, integrity, and respect in typical situations with patients, peers, and members of the health care team</td>
<td>Consistently shows compassion, integrity, and respect for patients who decline medical advice or request un-indicated tests or treatments, for patients who have psychiatric comorbidities, and for team members in circumstances of conflict or high stress</td>
<td>Consistently models compassion, integrity, and respect for others</td>
<td>Assumes long-term or leadership role in community outreach activities to improve the health of vulnerable populations</td>
</tr>
<tr>
<td>Demonstrates sensitivity and responsiveness to patients</td>
<td>Consistently demonstrates sensitivity and responsiveness to diversity of patients’ ages, cultures, races, religions, abilities, or sexual orientations</td>
<td>Modifies one’s own behavior based on feedback to improve his or her ability to demonstrate compassion, integrity, and respect for others</td>
<td>Coaches others to improve compassion, integrity, and respect for patients</td>
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<tr>
<td>Accepts constructive feedback to improve his or her ability to demonstrate compassion, integrity, and respect for others</td>
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### Accountability and Responsiveness to the Needs of Patients, Society, and the Profession — Professionalism

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<tbody>
<tr>
<td>Understands that physicians are accountable to patients, society, and the profession</td>
<td>Is consistently punctual for clinical assignments and responsive to requests for assistance; completes administrative duties (e.g., medical records, reports) on time and without reminders</td>
<td>Serves as an example for others in punctuality, responsiveness, and timely completion of duties</td>
<td>Coaches others to improve punctuality and responsiveness; offers assistance to ensure patient care duties are completed in a timely fashion</td>
<td>Participates in institutional or community peer counseling related to professionalism</td>
</tr>
<tr>
<td>Acts with honesty and truthfulness</td>
<td>Understands the signs and symptoms of fatigue, stress, and substance abuse</td>
<td>Recognizes signs and symptoms of fatigue, stress, and substance abuse</td>
<td>demonstrates self-awareness of fatigue and stress, and mitigates the effects</td>
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**Comments:** Not yet achieved Level 1
### Respect for Patient Privacy, Autonomy, Patient-Physician Relationship — Professionalism

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<tr>
<td>Understands the importance of respect for patient privacy and autonomy</td>
<td>Shows respect for patient privacy</td>
<td>Assesses a patient’s capacity for medical decision making</td>
<td>Successfully navigates ethically complex clinical issues involving patient autonomy</td>
<td>Successfully leads others through complex and atypical clinical issues involving patient autonomy</td>
</tr>
<tr>
<td>Understands the ethical principles of appropriate patient-physician relationships</td>
<td>Elicits patient goals for care, and patient preferences regarding treatment alternatives</td>
<td>Successfully navigates conflicts between patient preferences that are discordant with personal beliefs</td>
<td>Balances patient privacy with ethical and legal requirements in complex circumstances</td>
<td>Longitudinally participates on hospital ethics committee</td>
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<tr>
<td>Demonstrates an understanding of ethical principles, including boundary issues, and consciously applies them in patient care</td>
<td>Efficiently counsels patients to help align treatment decisions with individual preferences</td>
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## Interpersonal and Communication Skills Milestones

### Communication with Patients and Families — Interpersonal and Communication Skills

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<tbody>
<tr>
<td>Demonstrates adequate listening skills</td>
<td>Checks for patient and family understanding of illness and management plan</td>
<td>Communicates effectively in stressful, emergent, and complex situations</td>
<td>Delivers bad news to families about complications or death</td>
<td>Capable of effective communication in the most challenging situations, and invites participation from all stakeholders</td>
</tr>
<tr>
<td>Communicates effectively in routine clinical situations</td>
<td>Allows for opportunities for patient questions</td>
<td>Capable of delivering bad news to patients and families regarding poor prognoses</td>
<td>Capable of informing patients and families about a medical error that caused harm</td>
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<tr>
<td>For hospitalized patients, maintains communication with patient and family regarding plan of care</td>
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<td>Communicates effectively with patients and families across a broad range of socio-economic and cultural backgrounds</td>
<td>Incorporates risk management in this process</td>
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<td>Role models effective communication to junior colleagues</td>
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<td>Participates in education of patients and families</td>
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**Comments:** Not yet achieved Level 1
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<tr>
<td>Understands the importance of relationship development, information gathering and sharing, and teamwork</td>
<td>Demonstrates an understanding of the roles of health care team members, and communicates effectively within the team</td>
<td>Works effectively in interprofessional and interdisciplinary health care teams</td>
<td>Leads inter-professional and interdisciplinary health care teams to achieve optimal outcomes</td>
<td>Educates other health care professionals regarding obstetrics and gynecology</td>
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<td>Demonstrates an understanding of transitions of care and team debriefing</td>
<td>Participates in effective transitions of care and team debriefing</td>
<td>Communicates effectively with physicians and other health care professionals regarding patient care</td>
<td>Responds to requests for consultation in a timely manner and communicates recommendations to the requesting team</td>
<td>Provides effective consultation in complex and atypical patients</td>
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Comments: Not yet achieved Level 1
### Informed Consent and Shared Decision Making — Interpersonal and Communication Skills

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<tr>
<td>Understands the importance of informed consent</td>
<td>Begins to engage patients in shared decision making, and obtains informed consent for basic procedures</td>
<td>Uses appropriate, easy-to-understand language in all phases of communication, utilizing an interpreter where necessary</td>
<td>Organizes and participates in multidisciplinary family/patient/team member conferences</td>
<td>Models and coaches shared decision making in complex and highly stressful situations</td>
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<td>Engages in shared decision making, incorporating patients’ and families’ cultural frameworks</td>
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<td>Leads multidisciplinary family/patient/team member conferences</td>
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<td>Obtains informed consent for complex procedures</td>
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**Obstetrics**

6. **Inpatient L&D**
   - Interpret Fetal Heart Tracing
   - Indirect with direct supervision immediately available
   - Indirect with direct supervision immediately available

7. **Inpatient L&D**
   - Amniotomy
   - Indirect with direct supervision immediately available
   - Indirect with direct supervision immediately available

8. **Inpatient L&D**
   - Cook catheter insertion
   - Indirect with direct supervision immediately available
   - Indirect with direct supervision immediately available

9. **Inpatient L&D**
   - IUPC/FSE placement
   - Indirect with direct supervision immediately available
   - Indirect with direct supervision immediately available

10. **Inpatient L&D**
    - Sponaneous Vaginal Delivery
    - Indirect with direct supervision immediately available
    - Indirect with direct supervision immediately available

11. **Inpatient L&D**
    - Episiotomy with repair
    - Indirect with direct supervision immediately available
    - Indirect with direct supervision immediately available

12. **Inpatient L&D**
    - Operative Vaginal Delivery
    - Direct
    - Direct

13. **Inpatient L&D**
    - Vaginal Breech Delivery
    - Direct
    - Direct

14. **OR**
    - C-section, Primiparous
    - Direct
    - Direct

15. **OR**
    - C-section, Repeat
    - Direct
    - Direct

16. **Inpatient L&D, Clinic**
    - Obstetrical ultrasound
    - Indirect with direct supervision immediately available
    - Indirect with direct supervision immediately available

17. **Inpatient L&D, OR**
    - External cephalic version
    - Direct
    - Direct

18. **Inpatient L&D, Clinic**
    - Amniocentesis
    - Direct
    - Direct

19. **OR**
    - Cervical cerclage
    - Direct
    - Direct

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<td>Hysteroscopy, Diagnostic</td>
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<td>26</td>
<td>OR</td>
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<td>27</td>
<td>OR</td>
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<td>28</td>
<td>OR</td>
<td>Hysteroscopy, Operative</td>
<td>Direct</td>
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<td>29</td>
<td>OR, ER, clinic</td>
<td>Manual vacuum aspiration</td>
<td>Indirect with direct supervision immediately available</td>
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<td>Contraceptive implant insertion</td>
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<td>33</td>
<td>OR</td>
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<td>34</td>
<td>OR</td>
<td>Vaginal Hysterectomy</td>
<td>Direct</td>
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<td>OR</td>
<td>Laparoscopic Hysterectomy</td>
<td>Direct</td>
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<tr>
<td>36</td>
<td>OR</td>
<td>Incontinence &amp; Pelvic Floor Procedures</td>
<td>Direct</td>
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<td>OR</td>
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<td>Direct</td>
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<td>38</td>
<td>Inpatient, clinic, OR</td>
<td>Foley catheter insertion</td>
<td>Indirect supervision with direct supervision available</td>
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<td>39</td>
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<td>41</td>
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<td>Colposcopy, with biopsy</td>
<td>Direct</td>
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<td>42</td>
<td>Inpatient, clinic, OR</td>
<td>Bartholin's I&amp;D or marsupialization</td>
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<td>43</td>
<td>Clinic, OR</td>
<td>Cervical LEEP or conization</td>
<td>Direct</td>
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<tr>
<td>44</td>
<td>Inpatient, clinic</td>
<td>Transvaginal Ultrasound</td>
<td>Indirect supervision with direct supervision available</td>
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<td>A</td>
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<tr>
<td><strong>Program Name:</strong> Obstetrics and Gynecology</td>
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<tr>
<td><strong>Procedure Location</strong></td>
<td><strong>Specific Procedure</strong></td>
<td><strong>Level of supervision by PGY4 (July-December)</strong></td>
<td><strong>Level of supervision by PGY4 (January-June)</strong></td>
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<td>Location where the</td>
<td>Specialty specific</td>
<td>Levels of supervision (i.e., 1. Direct: the</td>
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<td>procedures can be</td>
<td>language/terminology of</td>
<td>supervising physician is physically present with the</td>
<td></td>
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<tr>
<td>completed (i.e., Beside,</td>
<td>procedures</td>
<td>resident and patient; 2. Indirect with direct supervision</td>
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<td>OR, Office based, Pre-</td>
<td></td>
<td>immediately available: the supervising physician is</td>
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<tr>
<td>Operative)</td>
<td></td>
<td>physically within the hospital or other site of patient care,</td>
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<td></td>
<td></td>
<td>and is immediately available to provide Direct Supervision; 3.</td>
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<td>Indirect supervision with direct supervision available: the</td>
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<td></td>
<td></td>
<td>supervising physician is not physically present within the</td>
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<td></td>
<td>hospital or other site of patient care, but is immediately</td>
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<td></td>
<td>available by means of telephonic and/or electronic</td>
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<tr>
<td><strong>Obstetrics</strong></td>
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<td>6</td>
<td>Inpatient L&amp;D, NST</td>
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<td>7</td>
<td>Inpatient L&amp;D, Amniotomy</td>
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<td>Inpatient L&amp;D, Spontaneous</td>
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<td>Vaginal Delivery</td>
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<td>Inpatient L&amp;D, Episiotomy</td>
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<td>Indirect with direct supervision available</td>
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<tr>
<td></td>
<td>with repair</td>
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<td>Vaginal Delivery</td>
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<td>11</td>
<td>Inpatient L&amp;D, Vaginal</td>
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<td>Breech Delivery</td>
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<td>OR, C-section, Primiparous</td>
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<td>Obstetrical ultrasound</td>
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<td>15</td>
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<td>Direct</td>
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<td>cephalic version</td>
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<td>16</td>
<td>OR, Cervical cerclage</td>
<td>Direct</td>
<td>Direct</td>
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<td>17</td>
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<tr>
<td><strong>Gynecology</strong></td>
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<tr>
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<td>and staple removal</td>
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<td>19</td>
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<td>Indirect with direct supervision available</td>
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<td>21</td>
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<td>Indirect with direct supervision immediately available</td>
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<td>22</td>
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<tr>
<td>23</td>
<td>OR, Diagnostic Laparoscopy</td>
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<td>Indirect with direct supervision immediately available</td>
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<tr>
<td>24</td>
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<td>Indirect with direct supervision immediately available</td>
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<tr>
<td>25</td>
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<td>Indirect with direct supervision immediately available</td>
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<td>26</td>
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<td>Direct</td>
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<tr>
<td>27</td>
<td>OR, Operative Laparoscopy</td>
<td>Direct</td>
<td>Indirect with direct supervision immediately available</td>
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<tr>
<td>28</td>
<td>OR, ER, clinic Manual vacuum aspiration</td>
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<td>31</td>
<td>OR, clinic Contraceptive implant insertion</td>
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<td>32</td>
<td>OR, Abdominal Hysterectomy</td>
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<td>33</td>
<td>OR, Vaginal Hysterectomy</td>
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<td>34</td>
<td>OR, Laparoscopic Hysterectomy</td>
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<td>35</td>
<td>OR, Incontinence &amp; Pelvic Floor Procedures</td>
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<td>36</td>
<td>OR, Wound closure</td>
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<td>37</td>
<td>Inpatient, clinic OR Foley catheter insertion</td>
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<td>38</td>
<td>Inpatient, clinic OR Endometrial biopsy</td>
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<td>Inpatient, clinic OR Vulvar biopsy</td>
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<td>Inpatient, clinic OR Colposcopy, with biopsy</td>
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<td>Inpatient, clinic OR Bartholin's I&amp;D or marsupialization</td>
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<td>Clinic, OR Cervical LEEP or conization</td>
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<tr>
<td>43</td>
<td>Clinic, OR Transvaginal ultrasound</td>
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